

The

# Carrington Courier

Volume 14. Issue 8.

The Carrington residents' newsletter produced by Carrington Computer Club for Seniors.

September 2008

## Contents:

Annual Dinner Concert.....	2
Bailey's Fashions.....	4
Bible Study.....	6
Bowls News.....	7
Carrington Singers.....	10
CEO's Desk.....	4
Christmas Cakes, Puddings.....	3
Climbing The Musical Scale.....	10
Croquet News.....	9
Fair Result For "Woodies".....	2
Frozen Meals.....	6
Garbage Collection.....	2
Garden Club Advertisement.....	5
Garden Club.....	2
Golf Course Chatter.....	10
June Langston.....	5
Mary MacKillop News.....	3
Old Golfers.....	8
Outgoing Mail.....	8
Raffle Winners.....	1
Residents' Fridge.....	2
Residents' Meeting.....	8
Self-Care Christmas Dinner.....	5
Self-Care Social Club.....	5
Thank You.....	6
Thanks From Board.....	3
Thanks To Our Sponsors.....	4
Thought For The Month.....	5
Thoughts On Fair.....	6
Toastmasters.....	7
Village Manager's Desk.....	7

The copy deadline for the

**OCTOBER ISSUE**

is

**Friday, 19th September**

at 3 p.m.

## Major Raffle Winners at The Fair

The major raffle at this year's Fair was drawn with the following result:

**1st Prize:** Travel Voucher for International or Domestic Travel (through Jetset Travel, Camden), valued at \$2,000, **Carrington Prize:** Winner, Mr Jamie Sharpe (friend Gayle Bosley), ticket No. 6970.

**2nd Prize:** Computer desk package at \$1098:  
Winner, Uyen Truong, ticket No. 2727.

**3rd Prize:** LCD TV at \$1099:  
Winner, Mrs C. Clarke, Unit 56, ticket No. 0557.

**4th Prize:** 7-piece outdoor furniture at \$440:  
Winner, Mr Justin Smith, ticket No. 1475.

**5th Prize:** Blower Vac. at \$300:  
Winner, Aub Moore, ticket No. 6398.

**6th Prize:** Car Detail, buff at \$250:  
Winner, C. Pye, ticket No. 1219.

**7th Prize:** General Car Service at \$220:  
Winner, Tracey (Sandra Baird's daughter), ticket No. 2019.

**8th Prize:** Framed Print at \$230:  
Winner, Robyn Gorbutt, ticket No. 6614.

**9th Prize:** Glider Flight at \$180:  
Winner, Enid Ryan, ticket No. 0710.

**10th Prize:** Trial Instructional Flight at \$180:  
Winner, Mr George Baker, ticket No. 3435.

**11th Prize:** Mitre 10, Camden, at \$150:  
Winner, Ida Gammage, Unit 157, ticket No. 1571.

**12th Prize:** Framed Print at \$265, donated by Byan's Furniture 1, Camden:  
Winner, Fiona Smith (Paling Court staff), ticket No. 6383.

**13th Prize:** Antique Chair at \$125, donated by White Lady Funerals:  
Winner, Elsa Krodi, ticket No. 5006.

**14th Prize:** Bunnings Gift Voucher at \$100:  
Winner, Don Smith, ticket No. 3273.

(continued on Page 2)

## Major Raffle Prize Winners

(Continued from Front Page.)

**15th Prize:** Bunnings Gift Voucher at \$100:  
Winner, Jim Yates, ticket No. 1168.

**16th Prize:** Dinner at Camden Hotel at \$100:  
Winner, R. King, ticket No. 1981.

**17th Prize:** Dinner at Camden Hotel at \$100:  
Winner, Ian McRae, ticket No. 1918.

**18th Prize:** Dinner at Camden Hotel at \$100:  
Winner, E. Bain, ticket No. 0626.

**19th Prize:** Dinner at Camden Hotel at \$100:  
Winner, Denise Moss, ticket No. 2536.

**20th Prize:** Dinner at Camden Hotel at \$100:  
Winner, Iris Lo (staff), ticket No. 3811.

**21st Prize:** Fashion Voucher at \$100:  
Winner, Kym Gardner, ticket No. 6781.

## Residents' Fridge In Recreation Centre

The residents' drinks fridge is back in service. The honesty money box is attached to the counter alongside the fridge and each drink will cost you \$2. It should be noted that the correct money is required as change cannot be given.

*Phil Crocker, Keeper of the Fridge.*

# Annual Dinner Concert

**Saturday, 8th November**

**6.30 for 7 p.m. dinner**

**in Carrington Recreation Centre.**

**The cost will be \$32 per head.**

If you have a group going, order under one name so that you will all sit together.

*As we can seat only 150 people, it's a case of first come, first served.*

**Contact Barbara Handley  
in Unit 150  
or phone her on 4655 5571.**

## Good Fair For "Woodies"

Our stall coming out of its "hidden corner" in the hall made a dramatic difference this year with sales up by 52% on the previous year. This enabled us to lift our commission to Carrington to almost double last year's figure.

We take this opportunity to again thank those residents and regular visitors who support us. Thank you very much, one and all.

Our raffle this year, a splendid nest of bowls made by Allan Garnam, was drawn by Ida White-man and won by Mrs D. Luker, of Kentlyn, with ticket F76. Mrs Luker is a regular and now very happy customer of the "Woodies".

My thanks again to Allan Garnam, Derek Poole and Gordon Stewart for their usual hard work both before the sale and on the day and to Doreen Wilkinson who again spent the whole day selling our raffle tickets.

A special thank you goes to our residents for their support, which is indeed very valued. The "Woodies" have a saying, "keep turning", but we would like to change that to "keep returning".

*Bob Fowler.*

## Garden Club

The annual general meeting of the garden club was held on Monday, 4th August, when elections were held to fill the committee positions for the new club year.

There is little change to the faces at the top table, most of the current officers being re-elected. Doreen Wilkinson undertook to carry on as president, as were Leo Probert, vice-president, Olive Fowler, secretary, and Joan Newell, treasurer.

Joyce Sheppard will continue to manage the competition table with Marlene Paton as her assistant, and Dora Dykstra carries on looking after the door and name badges.

The next monthly meeting will be on Monday, 1st September, when the guest speaker will be Carrington resident, Meg Tredinick, her subject being "Food gardens of India".

As the first Monday in the month coincides with the first day in the month, there is limited time to advertise this meeting.

## Garbage Collection

As Monday, 6th October, is a public holiday, the village garbage collection will be undertaken on Tuesday morning, 7th October.

*Carole Cleminson, Village Manager.*

# News From Mary MacKillop Hostel

Spring time finally, bring on the nice weather! What a month it was in August for the Carrington community with a wonderful, successful, beautiful Fair. Well done to everyone who took part! It is a credit to you all.

Welcome to all our new residents at Mary MacKillop Hostel. We hope you enjoy yourself and the Carrington atmosphere and we send our condolences to all the families and friends who have lost loved ones over the last couple of months.

Mary MacKillop enjoyed a busy month with the Fair, but also shopping trips to Narellan, the walking group, Camden Valley Music, daffodil day, Jeans for Gene's day and the usual activities.

All units enjoyed a rock 'n' roll themed day this month with hamburgers, chips, milkshakes, sweets, decorations, disco lights, dancers and entertainment. Thank you to all the staff who took part and got into the spirit of the day and for their tireless work which helped make the day such a success. We will be planning an Hawaiian beach day next month.

An inter-facility game of shoot 'n' shuffle with Harbison Care at Moss Vale commenced last month with a bus load of 12 residents venturing down to the Southern Highlands. We arrived fresh and ready to go and after a lovely lunch and a glass of wine it was time to play. We were off to a wonderful start and looked unstoppable for the first innings but things soon turned the wrong way and we lost a whopping 50-110. However, their shuffle board was slower than ours and that is the excuse we are sticking to. So we have no excuse next time they come to visit us—we will have the home ground advantage. Despite not winning, we all had a wonderful day, enjoyed the bus trip down and socializing which came with the outing. We look forward to hosting Harbison in November.

We had a great Daffodil Day on Friday, 22nd, supporting the event by holding a pancake day, with all proceeds going to cancer research. Thank you to all residents and staff who took part.

## September Calendar:

- Tuesday 2nd, 1 p.m.: Entertainment.
- Friday 5th, 12 midday: Father's Day barbecue.
- Sunday 7th: Father's Day.

- Saturday 20th, 1.30: Camden Valley Music.
- Friday 12th and 26th, 10.30: Trivia.
- Friday 19th: Lunch outing scheduled.
- Monday 8th, 9 a.m.: Shopping trip scheduled.

We wish all the fathers a very happy Father's Day. We hope you all keep well and we'll see you next edition. Love,

*Tammy, Michelle, Hannah and Kasey.*

## Thanks From The Board

*The Chairman and Directors of the Board would like to thank all our wonderful volunteers and staff for their contribution and efforts to make the 2008 Carrington Fair such a resounding success.*

*Kind regards,  
Peg McEntee.*

## LIONS CLUB

# CHRISTMAS CAKES AND PUDDINGS

*Order forms for Lions Club Christmas Cakes and Puddings can be collected from Liz Crowe's office upstairs in the administration section.*

**These forms need to be completed and returned to Liz by Monday, 27th October.**

*The cakes and puddings will be delivered directly to residents during November.*

**Cake prices are:**

**1kg., \$9; 1.5kg., \$12**

**Puddings:**

**1kg., \$15; Twin Pack (125 grams each)  
\$9.10**

**The Lions Club contact for further information is  
Ted Gilroy.**

**His phone numbers are 4647 9515 or  
0412 674 324.**

# From The Desk Of The CEO

This year's Carrington Annual Fair was a huge success. Although regrettably I was not able to attend, as I was interstate, I was in contact with Glenn Thorpe to get some feedback on the day.

Several people, both internal and external, contacted me to express their view on how well the day was organised and the weather was also a great help.

All of this success is also reflected in the cash takings on the day which is a clear indication that people not only enjoyed the event but also actively participated in the day's affairs.

The preliminary financial result I have received indicates that the cash takings, including cash donations of \$3,850, totalled \$59,769.

This fantastic result is about \$6,000 more than last year's takings. There will be a small amount added to this and also expenses taken out which will probably give us a net of around \$53,000.

This is an excellent result for our 2008 Fair and the credit goes to our residents and staff who have been actively involved in the preparation for the day for almost 12 months.

I take this opportunity to sincerely thank all the people involved in this important Carrington

event and congratulate our residents and staff on organising a hugely successful Fair.

The financial result of the Fair will be fully discussed at the next Fair Committee meeting.

The Grasmere Terrace facility is coming along nicely and on time. As I visit the construction site on a fortnightly basis I see the good progress in the building and the completion of various parts of the building.

By the time this newsletter is sent out we will have received the approval of the development application for the 70 independent living units project and I anticipate that construction will commence soon.

We are also planning to extend the Support Services building to expand our central kitchen and central laundry facilities to ensure they have the capacity to provide services to our residents for many years to come. The plans for this extension are with Council and we anticipate that approval will be given soon.

I outlined in the last newsletter all the minor projects undertaken by our maintenance staff who have been busy ensuring that these projects are completed on time for the convenience of our residents.

Once again I thank all of our residents for the effort and commitment they put in to the various activities of our village.

Until next time, take care.

*Raad Richards, Chief Executive Officer.*

## Thanks To Our Sponsors

I would like to publicly thank all our sponsors, many of whom have donated money and gifts for many years in support of Carrington Fair. Without our sponsors our raffle ticket sales would not have been so successful this year.

A memo will soon be circulated to all units to be attached to your fridge. This will be in the form of a request to residents and their families to acknowledge those shops and businesses which have supported Carrington. Their names are printed in the list of raffle winners in this publication. A "thank you" to them, I'm sure, would be welcome. So next time you are in a sponsor's shop or office, mention that you are from Carrington and say "thank you."

*Carole Cleminson, Village Manager.*

**Bailey's Ladies Fashions**  
MOBILE SHOWROOM

Are proud to present a Parade and Sale  
of their

**SPRING AND SUMMER  
RANGE**

in Carrington Recreation Centre on  
**THURSDAY, 11th SEPTEMBER**  
at 2 p.m.

*Skirts, Dresses, Blouses, Slacks*  
**in sizes 8 to 24**  
at very reasonable prices.

Cards accepted are  
Visa, MasterCard, American Express and eftpos.

Proprietors: Iven and Rosalind Carter.  
Phone 4739 6179; Mobile 0412 177 666  
Fax: 4739 6171                      email: baileys@internode.net




## June Daphne Langston

My immediate family and I wish to record our sincere thanks to other members of the family, to the many friends (including Carrington residents), to individual members of both the computer and croquet clubs, and to those Carrington staff, who attended June's farewell service at the Camden Baptist Church on Thursday, 14th August.

June always endeavoured not to attract attention, preferring to remain in the background and avoid fuss. Yet, as evidenced by a packed church attendance and so many cards, telephone calls and home visits, which were of great comfort to us, she obviously failed to achieve that objective.

Unquestionably, she was loved by all with whom she was associated. No small wonder; she called everyone she met as "Love" and never failed to say "thank you" for every little service she received. She was a unique lady!

I would also wish to extend a very special note of appreciation to the "coal-face" nursing home staff. Be they registered nurse, nurse-in-training, kitchen hand, or cleaner, each and every one of you continuously gave June personal tender loving care throughout her stay in Parry House. You were equally caring of me, particularly during those last few weeks—feeding me, hugging me and even crying with me. The number of you who visited after her passing to offer condolences, to stroke her arm or forehead, and shed your share of tears, was most amazing. Thank you, you guys are tops!

Son Peter, in speaking at her service, reminded us that *she loved unconditionally—that she did!* The poem he composed in her honour concluded with the words "*She was heaven sent, she was heaven bent, and she was glory in between*"—that she was.

Thank you all for caring.

Les Langston.

## Self-Care Christmas Dinner

This year's Christmas dinner for self-care residents is to be held in Carrington Recreation Centre on Thursday, 11th December. This is a preliminary announcement and more details will be available later. Make a note in your diaries now!

Carole Cleminson, Village Manager.

## Self-Care Social Club

Congratulations to all who helped make the Carrington Fair such a wonderful success. The men's "happy hour" was held on Wednesday, 20th August, and a good time was had by all who attended. Happy hour has proved to be a great get-together for men and the next one is on 3rd September (back to the first Wednesday in the month).

Bailey's Fashion Show will be held on Thursday, 11th September, in the Recreation Centre at 2 p.m. with a parade and sale of new spring and summer fashions.

On Wednesday, 8th October, we are having a barbecue breakfast and details will be in your letterboxes as usual. Please reply by the RSVP date.

We hope you are enjoying your social club activities. We try our best and are always open to suggestions.

Until next get-together, stay well, stay happy.

Irene Warwick and Margaret Crocker.

## Thought For The Month

You are writing a gospel,  
A chapter a day,  
By the deeds that you do  
And the words that you say.  
Men are reading that gospel,  
Whether faultless or true.  
Say, ... what is the gospel according to  
you?

Hal and Flo Anderson.

## GARDEN CLUB

### Next Meeting:

**Monday, 1st September, at 10 a.m.  
in downstairs hall at Paling Court.**

**Guest Speaker: Meg Tredinick  
"Food Gardens in India."**

Morning Tea: Marlene Paton and Christina Schmith.

### Competition Table:

- \* Flower, one cut, any variety.
- \* Flower, three cuts, any variety.
- \* Arrangement, own choice.
- \* Vegetable, Fruit or Bunch of Herbs, any variety.
- \* Pot Plant or Hanging Basket.

**Enquiries: Doreen Wilkinson, President, Phone 4655 4847.**

## Thoughts On This Year's Carrington Fair

Our annual fair is really the result of a year's preparation and work. As the co-ordinator of the Carrington stalls, I would like to thank all the volunteers who helped to make the Fair such a great success.

There were many and varied positions involved in the Carrington stalls. As well as 80 residents, we had 50 non-resident volunteers who we really relied upon, and 32 staff. We also had to rely on some co-ordinators who were non-residents.

Many worked the whole day whilst others assisted for part of the day. There were those who started early in the morning directing traffic; all the helpers on the different stalls; those on information and raffle sales; entertainment in the form of clowns and face painting; all the food areas; those who serviced all the stalls and the collecting and counting of cash.

I think it is also important to acknowledge those who donated items or cooked cakes or were involved in making things during the whole year.

• For all the jams and pickles: We really should especially acknowledge Ida Whiteman, who at 95 this month, made several hundred jars of jam and pickles and had been doing this for 24 years.

### FROZEN MEALS

Carrington kitchen supplies a small range of frozen meals to self-care residents. They are:

- **Beef and vegetable casserole.**
- **Chicken casserole.**
- **Crumbed fish dinner.**
- **Roast beef dinner.**
- **Roast chicken dinner.**
- **Roast lamb dinner.**

These meals can be ordered using a frozen meal order form available at Paling Court or Mary MacKillop reception desks at a cost of \$5. The meals are delivered on Tuesdays between 9 and 10 a.m.

*Emergency sit-down meals can be provided on short notice at Mary MacKillop Hostel by arrangement with*

**Angela Potter on 4659 0328**

The cost is **\$6.50** for a meal and sweets.

- For the preparation of all the baskets.
- For those who made the craft items and leather work items.
- For the painting of both glass and porcelain.
- For those who struck cuttings for the plant stall.
- For the "Woodies" for their creative contributions made in their workshop.
- To those who sold raffle tickets and to all the businesses who donated the prizes.
- For the display and sales of "old wares."
- For both residents and staff who were involved in clerical duties, especially prior to the Fair.
- A special thank you goes to the co-ordinators and their helpers who, week after week, were involved in sorting and pricing books, clothing and white elephant items.
- Thank you also to the maintenance staff for all their involvement in the preparation of the grounds and venues, assistance on the day and the cleaning up afterwards.
- To the Service Department and kitchen staff for all the cooking and service throughout the day.
- We were also fortunate to have help from the Orangeville/Werombi Rural Fire Service, Lions and Rotary Clubs and the Girl Guides.
- A special thank you to all the members of the Fair committee and chairperson, Carole Cleminson, our Village Manager, who co-ordinated the Carrington Fair with help from Glenn Thorpe.

*Jean Olsen.*

### Bible Study

Please note the changes to times and dates for the Bible Study at Jean Olsen's place this month.

- Monday, 8th September: The starting time has been changed to 11 a.m.
- Monday, 29th September, at 10.30 a.m., in lieu of Monday the 22nd.

### Thank You

**T**hank you to all the people, particularly Anita Pierags, who helped me with the white elephant goods all through the year. It was a very big task, bigger than I've experienced in the last 11 years. Without the help of all these people I could not have managed. So, again, many thanks.

*Lois Morgan, White Elephant Stall.*

## News From The Village Manager's Desk

What a wonderful Fair we had on Saturday, 9th August, and our prayers for nice weather were answered.

I would like to personally thank the 250 volunteers who were involved before Fair day and on the day itself. The tireless work of co-ordinators and their volunteers from the village and the community is greatly appreciated by the Board of Directors, the CEO, Executives and staff.

This is just an amazing example of working hard for a common cause—credit to all concerned and your blood is worth bottling. Like you all, I could hardly walk on Sunday. All staff that worked and volunteered their time to support their work place is greatly appreciated by the Board, Management and residents of our village.

The patron numbers were up and it looks as though we have made more than in previous years. We are really looking forward to the final tally so that this can be announced.

Camden Council this year allowed us to advertise a week earlier than usual and we appreciate that gesture very much.

A wonderful thank you to those who helped me selling raffle tickets in Camden and Narellan and this was also great free advertising and exposure for the village.

We also advertised for the first time down in the Southern Highlands, attracting a far-reaching crowd. We were asked in the information booth by outside stall holders if we would consider staging the Fair quarterly. I nearly choked, as people do not realize how much work goes into a day like we had and I had to say “no, not at this stage”. We will start soon with Fair preparations for **Saturday, 8th August, 2009**. So put this date in your dairies or on your calendars.

What is coming up? Please do not forget the senior citizens' luncheon at Belgenny Farm on Wednesday, 10th September. You need to book early with the Senior Citizen's Hall group on 4655 8941.

**Maintenance:** Firstly, I think everyone would agree that the support for the Fair was wonderful and everyone appreciated the hard work by members of the maintenance team. They also kept up with their normal maintenance requests, as work never stops.

Stage two of the work around Paling Court is nearly complete. The bridges in the village have been painted. There has been concreting to paths and new edges around Paling Court to stop soil erosion. Gardens around the community have been top dressed and a start will be made soon on Grasmere Terrace gardens. Please don't worry, the maintenance work will still continue around the village. Thank you again to Dave and his team.

*Carole Cleminson, Village Manager.*

### Bowls News

What a good Fair it was on 9th August. The organisers should be very happy with the outcome.

Now about bowls; there is something. We are 10 years old come October. The recreation hall and the bowling rink were officially opened on 3rd October 1998 by the Governor of New South Wales, the Hon. Gordon Samuels, AC. The general manager of Carrington at the time, Mr. R. L. Streater, was also present and his name appears on the building plaque.

I asked one of our current members, Jack Tibbert, about it as he was there on the first day of play. Jack said everyone was upbeat about the rink and its availability. Apparently things quickly got under way because of the presence of the late Bob Pinkerton, a gifted bowler and certainly well known in bowling circles. He proved to be a great help in subsequent developments. I am sure that there are many people in the village who can recall those days.

Members are reminded about our bowls day function on Saturday, 20th September, starting at 9.30 a.m. and the sausage sizzle following at

*(Continued on Page 8.)*

## TOASTMASTERS

*Camden Toastmasters meet on the second and fourth Monday of the month in the downstairs hall at Paling Court at 7 p.m. for a 7.30 start.*

**A cordial invitation is extended to anyone interested in improving his or her speaking skills.**

*Please contact:*

**Jock Wylie on 4655 6979 or  
Ashlea Fisher-Sharpe on 4655 3438**

## Bowls News

(Continued from Page 7)

12.30. The venue, of course, is the Recreation Centre.

The committee has approved a suggestion that an additional period for bowls be set aside each week for casual bowls, i.e., to help introduce the game to newcomers and also to be used for practice, if desired, for members. Ted Hunter (4655 7347) has volunteered to oversee this initiative, which will take place on Wednesdays at 11 a.m.

Don't forget, it is not necessary to have your own bowls to play. Spare sets are on hand.

*Bowls banter:* He rang up his local bowling club and said "Is that the local bowling club?" The telephone operator said, "Depends on where you are calling from." Not very good, so I'll pick on the golfers. Did you know that some golfers take two pairs of socks with them when they play golf, in case they get a hole in one. *Bob Thrower.*

## Outgoing Mail

Residents are again reminded that there is no need to make the journey to Camden just to post mail. Remember that there is now an outgoing mail box on the wall outside Mary MacKillop Hostel for you to use and it is cleared every day. It is taken to the administration office and then collected by Australia Post. The Australia Post driver takes the mail directly to the mail exchange at Minto for sorting and distribution.

# RESIDENTS' MEETING

## Change of Date

**The village residents' meeting,  
which was set down for Monday,  
8th September, has been changed to**

**Monday, 22nd September**

*still at the same time of 9.30 a.m., in the  
Recreation Centre.*

## Old Golfers

They put you in a cart these days  
Cause the legs and feet won't make the grade,  
And all that drives them is in a daze.  
That's the way the game's now played.

To tee up is a mental battle,  
The back won't let the arms extend  
Till all you hear is an awful rattle  
And you know you feel a knee joint rend.

The ball sits waiting upon the tee.  
How in hell do you hit the thing?  
And next you're busting for a pee,  
So frantically make the club to swing.

You've no idea where the ball did go,  
Only luck it's still not on the tee.  
The boys applaud and gladly show  
Both ball and club are up a tree.

The years have taken away the skill  
That once upon a time you had,  
And to face the fact is a bitter pill,  
But you're still here we're mighty glad.

Luckily the memory's gone to hell,  
So hole by hole scores are left behind.  
We scratch our heads for stories to tell,  
An occasional bogey or better is kind.

We think of our mates who used to play  
And know how lucky we're still around.  
For the bonus we have on each fine day  
We're not sprouting daisies from under the  
[ground.]

SO THERE!

*By Old Golden Golfer Jock.*

## Words Of Wisdom

Never let a problem to be solved become more important than a person to be loved.  
The central theme is that God, not man, is the final authority.

God has rights, human beings have duties; we deny God His rights at our peril.

Light is the shining element that transforms all reality.

Success is a journey, not a destination.

Keep your face to the sunshine, and you can't see the shadows.

*Helen Keller.*

# Leo's Views And Croquet News

I'm sitting outside in the sun writing this. It's warm after a good dose of frost this morning. I normally sit in the sun and go to sleep. However, I'll try to keep awake today.

I can't help thinking that it's been a bit of a sad month. I have seen a lot of ambulances around and we seem to have lost a few of our dear friends. I suppose we all have to go at some stage.

Happenings around the croquet court: Joe, the gardener, has made good his promise to replant the surrounds with new flowering shrubs. It's not finished yet, but it will look good this summer. We still get good roll ups to our games.

Carrington Fair was good, with lots of people and stalls. Our green was host to some great dancers, including the belly-dancing troupe. I think it brings a bit of imaginative licence to the place as we hit the balls towards the hoops and we see in our mind's eye a shimmering belly mounted on a pair of shapely legs.

I was invited with Coral to a great birthday party in the village. It's always so nice to meet new friends, ones that after five minutes or so you feel as if you have known them for a long time. Of course we all sang the old song, "Happy Birthday to You." I tend to think that at 80th birthdays we should follow it up with a warning hymn, "Nearer My God to Thee".

Coral and I joined the village social club (not got the receipts yet) but we felt that all the work that goes into the formation of almost any activity, the organisers deserve all the help they can get and the club seems to be doing very well.

Just a thank you to Dave and Thomas for an efficient job on Coral's taps after she trapped her thumb in the door of my car, which reminds me to tell you about Coral's door bell.

Coral had told me about her bell ringing and when she goes to open the door there is nobody there. At first I had a little smile behind my hand and thought "Hello, hello, another one for 'the farm!' "

But one evening I was visiting, as I am wont to do, and the bell rang. Being a gentleman, I answered the door—no one there! This happened

about four times during the evening. I tried the bit about "If you're good looking come in" and the one that says, "I'm still here, but I'll be going soon." I really don't know what I'd have done had the door opened.

But being serious, it's a bit disconcerting, on your own, when the bell rings at all hours. We have not solved the problem yet, but we have attended a few funerals lately and perhaps it's a visitation from a departed friend.

What a great Carrington Fair with loads of people and stalls and I had a ball. Well done to everyone concerned. I didn't win anything in the raffle—at least I haven't been told yet! The weather was good again this year!

I was taken to see this up-market circus in town, you know the one with the name "Cirque de Dralion" or something like that. We had a good lunch at a German restaurant—German sausage with sour kraut, mashed potatoes, etc. There were about four different kinds of sausage and I enjoyed it. The circus was good, but not like the old-fashioned ones—no animals—good balancing acts though and great costumes. I just remembered what it is called, "Cirque du Soleil". Thanks to Jennie for getting us there and back safely.

I'm reminded about my son, who lives in Queensland, who wrote to me asking if I was able to get around and did I go out a lot and so on. I told him I still drove my car and I get a lot of outings, usually following a long line of cars with a hearse in front leading us. I also get a good look around my local village of Camden, usually looking for a parking spot.

Now, a few words about croquet. Some of our players are not well, but we do get quite good turnouts. Our prayers go out to Kevin Middlemiss and his family—he is quite ill. Also, our prayers and sympathy go out to Les Langston and family for the loss of June, and I might add the croquet club's loss of a wonderful and well-loved member. We will always remember her infectious smile. May she rest in peace.

Well, that's my lot for this month. So, cheerio and God Bless till next time.

*Leo Probert.*

## **Climbing The Musical Scale**

The following is taken from the Camden Baptist Newsletter and was submitted by Joyce Sheppard, of Unit 180.

**DO**—Do not worry over things that may never happen, and even if they happen, worry will not help. Do count your blessings before you count your cares.

**RE**—Radiate goodwill and a spirit of benevolence. Like laughter, it makes you, as well as others, feel better.

**ME**—Metre out kindness, understanding, tolerance and forgiveness generously. You reap as you mete.

**FA**—Far-reaching are the therapeutic benefits of spiritual thinking. You become as you habitually think. Resentment, hatred, spite, envy and vengeance pack radioactive fallout that gnaws at your vitals. They are self-consuming.

**SO**—Sow the seeds of love, friendship, empathy and helpfulness. These hardy seeds take root in the cruellest ground.

**LA**—Laugh at yourself now and then. You can laugh at yourself, even if you don't feel like laughing.

**TI**—Teach yourself awareness and appreciation of all the wonders of nature. Thank God daily for the precious gift of life. Genuine gratitude and discontent are never found together.

**DO**—Do not expect someone else to open the door to happiness for you. You must do it yourself. You alone have the key. Turn it.

*Author unknown.*

## **Carrington Singers**

Carrington Singers, who have been in recess since the very successful concert on 7th June, will resume their practices on Friday, 5th September.

Anyone wishing to be a part of the singing group should contact Marguerite Giles on 4655 2860. You would be most welcome.

The singers meet each Friday afternoon in the Recreation Centre.

## **Golf Course Chatter**

Happily, interest in our golf course is growing! You may be delighted to hear that management is very encouraging and is currently contemplating laying "Astro Turf" in place of our makeshift greens. This will test our putting skills, though possibly increasing our scores.

Astro Turf is fairly costly, but needs no ongoing maintenance.

Our monthly champions list is growing, with the finalists to date being: June, Jack Warwick, Unit 89, with a score of 36; July, Steve, from maintenance, with a score of 29 (he'll be hard to beat); August, Rob Fisher-Sharpe, Unit 78, and Frank Labate, Unit 122, dead heated with a score of 38.

Would any lady like to challenge Ashlea, of Unit 78, who carded a 50 in August?

Whatever your score, leave your card in the box on top of the fridge in the coffee shop (10th hole). You could be in the bi-annual playoff in December. Entries will close each month to coincide with the copy deadline for *The Courier*, so that we can share up-to-date results.

Cheers.

*Rob Fisher-Sharpe.*

## **Children**

You spend the first two years of their life teaching them to walk and talk. Then you spend the next 16 telling them to sit down and shut up.

Grandchildren are God's reward for not killing your own children.

Mothers of teens now know why some animals eat their young.

Children seldom misquote you. In fact, they usually repeat word for word what you shouldn't have said.

The main purpose of holding children's parties is to remind yourself that there are children more awful than your own.

We childproofed our homes, but they are still getting in.

*Advice for the day:* Be nice to your kids. They will choose your nursing home one day.

*And finally:* If you have a lot of tension and you get a headache, do what it says on the paracetamol bottle: "Take two aspirins" and "Keep away from children."

# VILLAGE ACTIVITIES CALENDAR FOR SEPTEMBER

## Monday, 1st

10.00 a.m. Garden Club: Paling Court.  
1.30 p.m. Computer Club:  
Recreation Centre.

## Tuesday, 2nd

9.30 a.m. Craft: Mary MacKillop Hostel.  
10.00 a.m. Activity Group:  
Recreation Centre.  
1.30 p.m. Dr. Arnaudon: Paling Court.  
3.00 p.m. Dr. Arnaudon: Mary MacKillop.

## Wednesday, 3rd

10.00 a.m. Croquet.  
10.00 a.m. Catholic Communion:  
Mary MacKillop.  
10.30 a.m. Catholic Communion: Day Care.  
11.00 a.m. Casual Practice Bowls.  
3.00 p.m. Happy Hour for Self-Care Men:  
Coffee Shop.

## Thursday, 4th

8.40 a.m. Camden/Narellan Bus.  
1.00 p.m. Lawn Bowls  
1.00 p.m. Dr. Ban: Mary MacKillop.  
1.30 p.m. Aquarobics: Pool.  
3.00 p.m. Dr. Ban: Paling Court.

## Friday, 5th

9.30 a.m. Art Classes: Paling Court.  
2.00 p.m. Carrington Singers:  
Recreation Centre.  
2.20 p.m. Catholic Rosary:  
Mary MacKillop.

## Saturday, 6th:

10.00 a.m. Croquet.  
1.00 p.m. Lawn Bowls.

## Sunday, 7th

9.15 a.m. Anglican Communion:  
Paling Court.

## Monday, 8th

10.30 a.m. Bible Study, Jean Olsen's, U.64.  
7.00 p.m. Toastmasters, Paling Court.

## Tuesday, 9th

9.30 a.m. Craft: Mary MacKillop Hostel.  
10.00 a.m. Activity Group:  
Recreation Centre.  
1.30 p.m. Dr. Arnaudon: Paling Court.  
3.00 p.m. Dr. Arnaudon: Mary MacKillop.

## Wednesday, 10th

7.45 a.m. Centrepoint Bus.  
10.00 a.m. Croquet.  
10.00 a.m. Catholic Communion:  
Mary MacKillop.  
10.30 a.m. Catholic Communion: Day Care.  
11.00 a.m. Casual Practice Bowls.

## Thursday, 11th

8.40 a.m. Camden/Narellan Bus.  
1.00 p.m. Lawn Bowls.  
1.00 p.m. Dr. Ban: Mary MacKillop.  
1.30 p.m. Aquarobics: Pool.  
2.00 p.m. Bailey's Fashions:  
Recreation Centre.  
3.00 p.m. Dr. Ban: Paling Court.

## Friday, 12th

9.30 a.m. Art Classes: Paling Court.  
2.00 p.m. Carrington Singers:  
Recreation Centre.  
2.20 p.m. Catholic Rosary: Mary Mac.

## Saturday, 13th

10.00 a.m. Croquet.  
1.00 p.m. Lawn Bowls.

## Sunday, 14th

9.15 a.m. Anglican Communion:  
Paling Court.

## Monday, 15th

## Tuesday, 16th

9.30 a.m. Craft: Mary MacKillop.  
10.00 a.m. Activity Group:  
Recreation Centre.  
11.30 a.m. Anglican Communion:  
Mary MacKillop Lounge.  
1.30 p.m. Dr. Arnaudon: Paling Court.  
3.00 p.m. Dr. Arnaudon: Mary MacKillop.

## Wednesday, 17th

10.00 a.m. Croquet.  
10.00 a.m. Catholic Communion:  
Mary MacKillop.  
10.30 a.m. Catholic Communion: Day Care.  
11.00 a.m. Casual Practice Bowls.

## Thursday, 18th

8.40 a.m. Camden/Narellan Bus.  
10.30 a.m. Anglican Service: Day Care.  
1.00 p.m. Lawn Bowls.  
1.00 p.m. Dr. Ban: Mary MacKillop.  
1.30 p.m. Aquarobics: Pool.  
3.00 p.m. Dr. Ban: Paling Court.

## Friday, 19th

9.30 a.m. Art Classes: Paling Court.  
2.00 p.m. Carrington Singers:  
Recreation Centre.  
2.20 p.m. Catholic Rosary, Mary Mac.  
3.00 p.m. **Courier Copy Deadline.**

## Saturday, 20th

10.00 a.m. Croquet.  
1.00 p.m. Lawn Bowls.

## Sunday, 21st

9.15 a.m. Anglican Communion:  
Paling Court.

## Monday, 22nd

9.30 a.m. Residents' Meeting,  
Recreation Centre.  
7.00 p.m. Toastmasters, Paling Court.

## Tuesday, 23rd

9.30 a.m. Craft: Mary MacKillop.  
10.00 a.m. Activity Group:  
Recreation Centre.  
1.30 p.m. Dr. Arnaudon: Paling Court.  
3.00 p.m. Dr. Arnaudon: Mary Mac.

## Wednesday, 24th

10.00 a.m. Croquet.  
10.30 a.m. Catholic Mass in Chapel.  
11.00 a.m. Fair Committee Meeting in the  
Training Room.  
11.00 a.m. Casual Practice Bowls.  
3.00 p.m. RSL Meeting in the  
Recreation Centre.

## Thursday, 25th

8.40 a.m. Camden/Narellan/C'town Bus.  
10.30 a.m. Baptist Morning Tea and  
Friendship in Day Care Centre.  
1.00 p.m. Dr. Ban: Mary MacKillop.  
1.00 p.m. Lawn Bowls.  
1.30 p.m. Aquarobics: Pool.  
3.00 p.m. Dr. Ban: Paling Court.

## Friday, 26th

9.30 a.m. Art Classes: Paling Court.  
2.00 p.m. Carrington Singers:  
Recreation Centre.  
2.20 p.m. Catholic Rosary:  
Mary MacKillop.

## Saturday, 27th

10.00 a.m. Croquet.  
1.00 p.m. Lawn Bowls.

## Sunday, 28th

9.15 a.m. Anglican Communion:  
Paling Court.

## Monday, 29th

10.30 a.m. Bible Study, Jean Olsen's, U.64.

## Tuesday, 30th

9.30 a.m. Craft: Mary MacKillop.

## Diary Dates: Please mark your diaries with these future activities:

5th October: Daylight Saving begins.  
6th October: Public Holiday: No Garbage.  
7th October: Garbage Collection.  
8th October: Breakfast with Social Club.  
4th November: Cup Day with Social Club.  
8th November: Annual Dinner Concert.  
26th November: Fair Committee Meeting  
in the Training Room.  
10th December: Social Club Christmas  
Luncheon at Vaby's, Picton.  
11th December: Residents'  
Christmas Dinner.

The  
**CARRINGTON COURIER**  
**COPY DEADLINE**  
 for the October issue is  
**Friday, 19th September**

Copy may be left at the Community Cottage up to 3 p.m. on the above date or in the letterbox of the editor, No. 120, which is located on the outside wall of Mary MacKillop office, to the left of the main door. If you have a computer with email capabilities, the preferred method for sending copy to the editor is by email. See email address below.

*If you are running late, that is after the Community Cottage has closed for the weekend, please contact  
 Gordon Stewart in Unit 120 in Carrington East  
 (Phone 4655 7525).*

**Please note: There is one email address only if you are emailing material for The Courier:  
 gordon.stewart1@bigpond.com**

Please advise the editor on the above phone number of any errors or omissions, particularly in the activities calendar.

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