

April 2010

The Carrington Courier

Volume 16. Issue 3.

The Carrington residents' newsletter produced by Carrington Computer Club for Seniors.

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**The copy deadline for
the May issue is**

**Friday,
23rd April**

(More details on Page 4)

From The Desk Of The Chief Executive Officer

At the last residents' meeting, which was held on Monday, 8th March, we discussed the current Carrington policy of having or keeping pets on the grounds of Carrington.

On this occasion I advised that the Carrington Board had recently considered this matter as a result of a request made to Carrington.

The Board, after careful consideration, re-affirmed its current policy of NO PETS to be kept within our self-care units. However, the Board accepted the fact that from time to time our residents will be visited by members of their families and they could be accompanied by their pet during the duration of the visit. Also Carrington runs "pet therapy" programmes in our residential care units and therefore the presence of pets during these programmes is understood and accepted. I request that all our residents be mindful of this approach and share this understanding and acceptance.

I trust this information will be of benefit to all of our residents, including those who were unable to be at the meeting.

We also discussed at this meeting some of the reforms to retirement village laws which came into effect from 1st March 2010. Residents should be able to view the changes on the website of the Department of Fair Trading www.fairtrading.nsw.gov.au

The issue of having a residents' committee was recently raised by a resident. As you all know this matter was previously raised with me and I had put it to our residents at a residents' meeting. The sentiments expressed by the majority of residents at that time were that our current communication system between residents and management works well and effectively. However, having said that, I am happy to raise this matter again at our next meeting and the residents collectively can decide how the communication system should run. I am also happy to hear your views on this matter prior to our next meeting.

Also at the meeting we had the opportunity to welcome and meet our new residents who have recently moved into the new Grasmere units.

I trust that our new residents have settled into their new homes smoothly and are enjoying the village lifestyle.

I would like to encourage our social and recreational clubs to make contact with our new residents and invite them to participate.

Until next time, take care and keep smiling.

Raad Richards, Chief Executive.

Social Club News

What a great social day we had on Saturday, 20th February, the first of our weekend combined Social and Activity Club days. Everyone who attended commented on how much they enjoyed themselves.

It was lovely to see some new residents there and we hope to see them next time too. You asked for more things to do at weekends, and we are doing all we can to satisfy that request. Maybe we can try "Hoy!" after lunch next time.

The afternoon film was very funny and well patronised. If there is a particular film anyone would like to see, we are open to suggestions.

We have a two-hour DVD of the Melbourne Symphony Orchestra performing some classic music. It's quite beautiful to watch, with opera stars, the Melbourne Chorale and a spectacular laser light background. We're thinking about showing that. What do you think?

By the way, no one has correctly guessed the "lost" item in Shirley Curtis's picture on page 9 of last month's *Courier*. The chocolates are still available!

On a different note, we would like to say a big "thank you" to those residents who sort and deliver our mail. It is not easy work, and they do it quietly and professionally. Who are they? Do you know?

Bye for now. Stay well and happy till next time.

Irene, 4655 1119, and Fay, 4655 7348.

Don't Miss This Wonderful Concert!

Followers of concerts at Carrington will remember the one in October 2008 featuring talented singers Danielle Everett and Dale Burrige. These artists were so popular with the Carrington audience that they have been persuaded to come again.

Their next appearance here will be on Sunday, 18th April, in the Recreation Centre. The concert will start at 2 p.m. and the cost is \$10.

Danielle and Dale are professional singers and starred in *Phantom of the Opera* in Sydney; they can command substantial fees to perform. So, we are most fortunate to have them entertain us free of charge and for this we can thank Barbara Handley, who has arranged their return visit to Carrington.

If you want tickets, please put your money in an envelope with your name and the number of tickets required clearly written on the outside and give to Barbara Handley. You will find Barbara in Unit 150 in Carrington North. We repeat, don't miss this one!

Letter To The Editor:

Bus To The City

I have been on Hunt's buses which run to the city every second month on the second Wednesday of the month, the next one being on 14th April.

It's a very cheap day out and the bus company is talking of scrapping the service. The bus leaves the gazebo near Mary MacKillop Hostel at 8 a.m. and arrives in Sydney, near David Jones at 9.45.

The bus picks you up at the same spot in Sydney at 2.45 p.m. and arrives back at Carrington at about a quarter to five..

Unfortunately there were only nine people on the last trip and it is being considered by Hunt's Bus Company to cancel the service after 14th April due to lack of passengers.

I enjoy this day out as one can meet Sydney friends and have lunch or a quick shop at D.J's. I have contacted Hunt's, and they said they would be appreciative if you could put this in your *Carrington Courier* for people to read.

I'm sure a lot more people in the units would help to boost this trip every two months if they knew about the service.

Sincerely, Jean Fraser.

Anzac Service At Carrington

An Anzac service will be held at Carrington on Friday, 23rd April, at 10 a.m. As usual, the service will be conducted in the flag pole area in front of Carrington House, but if it rains, Day Care inside Carrington House has been reserved.

I Have A Pet

I have a pet. He's getting on a bit now, still very lovable, and his coat is a bit thin, but he still loves to chew on a bone sometimes. When I pat his head, he rolls over and lets me tickle his tummy. He loves that! His name is Jack. *Irene.*

Dinner Concert

A dinner concert, *Christmas in July*, is planned for Saturday, 3rd July. Full details will be available a little later. This is another function arranged by Barbara Handley and those who have experienced past dinner concerts will not want to miss out. So stay tuned.

Carrington Clubs And Regular Activities

In response to requests from residents, I am submitting the Clubs and Activities information for all residents, particularly those who are new to the village. Please keep it on hand for your reference and enter the details into your diaries and onto your calendars.

WEEKLY

Activity Group: Tuesdays in the Recreation Centre, 10 a.m. till 2 p.m. Carpet bowls, cards, board games, Billiards, Darts, etc. Contact Doreen Steer on 4655 3254 or May Yates on 4655 9689.

Art: Fridays in the downstairs hall at Paling Court, 9 a.m. till 11.30. Contact Jean Olsen on 4655 6978.

Aquarobics: Mondays at 12 noon and Thursdays at 1 p.m. Open to men and women. Contact Jenny Kennedy on 4655 2876.

Bible Study: Second and fourth Mondays, 10.30 till 11.30 a.m. in Mary MacKillop lounge. Contact Jean Olsen on 4655 6978.

Carrington Singers: Recreation Centre, Fridays at 2 p.m. New enthusiasts welcome. Contact Marguerite Giles on 4655 2860.

Craft: Tuesdays, Mary MacKillop Hostel, in Boronia Court at 9.30 a.m. Contact Flo Wylie on 4655 7858.

Croquet: Wednesdays and Saturdays, 10 a.m. (Daylight saving times will be advised when they change.) Suitable flat soled shoes must be worn at all times on the green. All welcome. Contact Les Langston on 4655 1187.

Gentle Exercise/Tai Chi: Wednesdays, 1 p.m. in the Recreation Centre. All welcome. Contact Laurel Charles on 4655 8264.

Golf: The 9-hole course is open every day and is available to all residents. Starting at the main gate, this scenic course follows the curve of the lake edge. Contact Rob Fisher-Sharpe on 4655 3438.

Lawn Bowls: Thursdays and Saturdays at 1 p.m. (Daylight saving times will be advised when they change.) New players and beginners welcome and tuition is available on request. Suitable flat soled shoes must be worn on the green. Contact Bob Thrower on 4655 9281. *Children are not allowed on the bowling green at any time and games of any kind, except bowls, are also not allowed.*

Melody Makers: The group consists of some village residents and musicians from the outside community and performs in the Nursing Home and Grasmere

Terrace on alternate Friday mornings. Anyone who would like to sing with the group or who can play a musical instrument is most welcome. Contact Lawrie Martin on 4655 3063 or Dick Eldred on 4655 1518.

Swimming Pool and Spa: Located in the Recreation Centre, entry is by security card and is open every day from 9 a.m. till 5 p.m. Contact John Giles on 4655 2860.

Social Club: The club arranges occasional socials, films, concerts, barbecues, Melbourne Cup Day luncheons and Australia Day celebrations. It is open to all residents of Carrington. Contact Irene Warwick on 4655 1119.

Toastmasters: Meet in the downstairs hall at Paling Court on the second and fourth Monday evenings at 7.30. The contacts are Jock Wylie on 4655 6979 or Ashlea Fisher-Sharpe on 4655 3438.

Workshops: Situated beneath the swimming pool, these are provided for residents who would like to participate in metal work and wood work. Some level of proficiency is expected, but experienced residents give support and training in the use of the machines provided. Contact Bob Fowler on 4655 9281 or Alan Garnam on 4655 1820. *Note: It is a requirement of the Carrington management that before using these facilities, a Deed of Indemnity and a Deed of Release in the form provided by Carrington must be completed..*

MONTHLY

Computer Club: Meets on the first Monday at 1 p.m. in the Recreation Centre. New members are welcome from the village and from the outside community. Contact Les Langston on 4655 1187.

Garden Club: First Monday, 10 a.m., downstairs hall at Paling Court. New members are welcome from the village and the outside community. Contact Doreen Wilkinson on 4655 4857.

Happy Hour for Men Only: First Wednesday, 3 p.m. till 5 p.m., in the Recreation Centre coffee shop. For full details, contact Phil Crocker on 4655 5490.

As a further reminder, check the activities calendar, which usually can be found on page 11 of The Courier.

Carole Cleminson, Village Manager.

Leo's Views And Croquet News

Before my memory plays tricks with me I must mention that the croquet club had a pretty good barbeque in March, partly to welcome our new members. It was one of our best and I couldn't fault it! I have an idea that the liquid refreshment, which was



Photo: Margaret Hunter.

part of the menu, had a lot to do with it. We had it in the evening and we were blessed with a nice warm one. As is usual I've nothing but praise for all our helpers, especially Phil Crocker and Les Sampson, who did a magnificent job of barbecuing.

There was a good turn out of players and in a way it was an important mile stone in the life of the club. Les Langston (he is our good secretary) introduced our changed format and some of our old rules. This was necessary because of our increased membership.

Welcome to all our new members. We can see that in the near future we will need another playing green. I would like to thank some of our not-so-obvious helpers like David Mulley, the boys who provided the extra tables and chairs, Tom the painter who repainted our hoops. This is a thanks in advance, Tom.

It looks like we are going to have a very busy year and I hope that the top office will come to the party. Remember, if you see Raad or Glenn, give them a big smile and tell them that you are a member of the croquet club. I would just like to say a personal thank you to David Mulley, who found the time to have a friendly talk with me.

Copy Deadline for May

The cut off date is Friday, 23rd April,
and the editor's email address is:

nodrog777@bigpond.com

His mail box is 120 on the wall to the left of
the main entrance to Mary MacKillop Hostel.

I could go on about the croquet club, but there are a few other things to say about life on the inside, as it were. With the help of my old mate, Laurie Giles, we had a meeting of some of the men who live here in the hostel. I thought it was very good and it looks better for our proposed future meetings.

I attended a residents' meeting with some of the self-care people from the other side of the fence. I noticed that there were very few, if any, residents from Mary MacKillop or Paling Court. We are all residents of the village here at Carrington and it would be nice to see some of those hostel people in attendance at these meetings.

I'm not going to write much more, partly because of my arthritis and partly because I am going over to Perth next week (at the time of writing this) to see my daughter. I'm going on the Indian Pacific and I have to give a lot of thought to what to pack and so on. You know how it is—pack three times, then unpack twice, then pack again with all the things you forgot the first time.

Thank you all for your good wishes. I can't be sure when I'll be back (if ever), so cheerio for now and God bless. A special word of sympathy to all the sick and those who have lost loved ones just recently.

Leo Probert.

Devotional Morning

The mid-year devotional morning will be held on Monday, 31st May, at 10 a.m., in the Recreation Centre at Carrington. Personal invitations will be delivered to residents during April and replies would be appreciated by 5th May.

Carrington Fair Survey

Carrington Fair will be held this year on 14th August, and survey forms will be delivered to staff and residents during April.

In order to have a successful Fair, we need a lot of assistance from staff, residents, families and friends.

If you are able to assist, we would appreciate the return of your form by Friday, 14th May.

Next Residents' Meeting

The date of the next residents' meeting is Monday morning, 28th June. Timed to commence at 9.30, it will be held in the Recreation Centre and all self-care residents are welcome.

Hello From The Village Manger

Hi everyone. We give a very big welcome to our new residents, who have recently moved into the new Grasmere units. They are: Mr and Mrs Schofield (Unit 200); Mr and Mrs Gondof (Unit 202); Mrs B. Clowes, 4655 8593 (Unit 204); Mrs Beryl Roberts, 4655 7697 (Unit 205); Mr and Mrs Dobson, 4655 5791 (Unit 206); Mr and Mrs O'Brien, 4655 7804 (Unit 207); Mrs Lillian Owens, 4655 9224 (Unit 210); Mr and Mrs Bullock, 4655 7035 (Unit 212); Mrs Rita Goding, 4655 2825 (Unit 214); Mr and Mrs Hodge, 4655 8117 (Unit 215); Mr and Mrs Emmett, 4655 8237 (Unit 220).

Hillview Apartments: No. 3, Mrs Toohey, 4655 9683; No. 4, Mrs Edna Wheatley, 4655 1579; No. 7, Mrs Pat Wrightson.

Lakeland Apartments: No. 1, Mr and Mrs Hyde, 4655 4914; No. 2, Mr and Mrs Smidt, 4655 5593; No. 4, Mr and Mrs Lee, 4655 4624; No. 12, Mrs Joyce Moores, 4655 4826.

We had a great residents' meeting in March to introduce new residents to the Carrington Self-Care Village and I would like to thank Irene Warwick for organising the updated information of activities within the village. Thank you to all representatives who were at the meeting to welcome new residents and inform those who were interested about the many and varied activities at Carrington. As Raad Richards mentioned at the meeting, a barbecue will be arranged when all residents have moved into their units.

Mrs Sheila Humphries has transferred into Mary MacKillop Hostel from her bed-sit and we wish her blessings.

Also, Mrs Partridge has moved into the hostel at Mary MacKillop from Paling Court. Blessings also from the village.

I will soon be sending a memo out in regards to motorised scooters and wheelchairs in our village. I need to know who has one for a register, so if you could inform me I would appreciate this. New regulations will be discussed at the next residents' meeting and in the memo. Talk soon.

Camden Council has issued a warning that blue-green algal bloom has infected the Nepean River near Belgenny Reserve and Macquarie Grove Bridge.

I have placed a copy on the notice board in the Recreation Centre and I have a copy of the letter.

People are advised not to enter the water if an area is on high alert, or drink untreated water and fishing is also not advised. Animals and livestock are also at risk. Signs are located in affected areas and monitoring of the river will continue until the concentration falls to a safe level.

Volunteer Requirements:

If you only volunteer one off for the Fair, you do not need to have a police check or an ID badge.

If you do any other form of volunteering in the village, however, you need a volunteer pack to be filled out and an ID issued. When you are doing the volunteer work you need to wear the volunteer ID. This is Government legislation, not Carrington's rules. It is in place to protect volunteers, residents, staff and families of our village.

I look forward to sending packages out to those who have not previously had checks done. If you have had the checks done and are on the Carrington register but do not have an ID, please ring Genevieve on 4659 0326 for an appointment. It only takes five minutes to complete the ID.

Thank you for your understanding.

Carole Cleminson, Village Manager.

Great Bus Outing

Fuchsia Court residents of Mary MacKillop Hostel recently enjoyed lunch at *Country Plus* in Camden. As always, DT staff, Rhonda and Lucy, took care of everyone, making sure we received the meals and drinks we had ordered.

They kept an eye on us, attending to our every whim while they enjoyed their lunch.

We thank our volunteer bus driver, without whose help the trip would not have been possible.

Our thanks also are extended to the staff of Country Plus for making us welcome, providing cushions on request and for the lovely duet rendered by two of the staff members—such a nice surprise!

It's great to know that wherever we go for lunch we are always invited back—goes to show that we are well behaved and sober.

Thanks also to Carrington for making these trips possible.

Georgina and Fred Watts.

Thought For The Month

This Easter, do you remember this chorus?

Wide, wide as the ocean,
High as the heavens above,
Deep, deep as the deepest sea
Is my Saviour's love.
I, though so unworthy, still am a child of His care,
For His Word teaches me
That His love reaches me
Everywhere.

This thought is found in Psalm 103, verses 11 and 12.

Hal and Flo Anderson, Unit 167.

Maintenance Mutterings

Another month has gone by, Easter is around the corner and the next thing you know the Fair will be here again!

I hope the grounds look as good at Fair time as they do now. The boys have really done a great job in getting the gardens looking as good as they do. We've had a bit of help with the rain, but it's the best I've seen them look for a long time.

The cooler mornings have arrived, so hopefully the grass will slow down a bit! Speaking of grass, we've had a few complaints about the length of time between cuts. We have a set schedule for our mowing, which has worked for many years, but due to the much needed rain early in the year we've had an exceptional growing period over the last month or two.

The rubbish and recycling pickups have been going well. Just a reminder though, please remove plastic bags from the recycling; if you haven't got a recycling bin, just place the recycling in a cardboard box or similar. *Please don't use plastic bags.*

I would also like to thank residents for picking up rubbish around the site, not that there's much to pick up. But we often see residents going for a walk and if they come across a bit of rubbish they'll bend down to pick it up. It's nice to see residents taking pride in their surroundings.

There was a bit of mayhem in the village on Sunday, 21st March. We had a burst water main under the road near the roundabout at the entrance to the new villas. Whilst digging to find the leak, the contractors struck the small gas line which leads to the barbecue area, so on top of having no water, the gas also had to be turned off. Thanks to the new residents for being patient over this period.

Apart from that incident and a few smaller teething problems, all the new residents have settled in well.

A reminder about the procedure for requests for work to be carried out:

1. For general non-urgent jobs, please ring:

- Sue on 4659 0358
- Pat on 4659 0361
- Naomi on 4659 0387

2. For urgent jobs, please ring:

- Naomi on 4659 0387
- Dave on 4659 0344

3. For Emergency after hours jobs, please ring:

- Maintenance-On-Call, 0412 321 655.

All the Best,

Dave Mulley.

Computer Club News

The club now has Monday mornings and Wednesday afternoons as free time for members. The extra time is proving very popular and gives members a chance to iron out their problems, with the help of a knowledgeable member.

Formal classes are now in full swing and we can see the time when there will be no waiting time for classes. So far this year five courses are in progress, ranging from the basic course to creating greeting cards.

The speaker at the March meeting was Suji Yogen-dran from the diabetes clinic at the Campbelltown



Suji Yogen-dran, the speaker at the March meeting of the computer club.

Hospital. Suji told us she was born in Sri Lanka and was given two first names. Her English name is Daisy and her Sri Lankan name is Suji.

She gave a very professional presentation showing what diabetes is, how to detect it and how to treat it and she answered many questions.

The first Monday in April being a public holiday, the next meeting in Carrington Recreation Centre will be on the second Monday, the 12th, when the speaker will be Jake, from PC Solutions in Hill Street. Jake is well known to many of us.

The meeting starts at 1.30 p.m. and we hope to have a good attendance.

A couple of computer club members have recently moved into Carrington Village and an invitation is extended to any other new residents to consider membership of the computer club

Rollo Doust, Publicity.

Grasmere High Care Lunch

High care at Grasmere Terrace had a lunch at Vaby's Restaurant in Picton on Tuesday, 2nd March, where we were made very welcome.

We had plenty of room to move wheel chairs around. Therese and Linda, our lovely DT staff, took care of our orders and every whim. We had a choice of small or large meal and sweets.

The vegetables were cooked perfectly—lovely creamy potatoes, carrots and beans cut into fingers. It was a great idea, so easy to manage, like finger food. Everyone ate their vegetables!

Once again thanks to the volunteer bus driver and to our lovely staff. They do a man-size job, especially locking down the wheel chairs into the bus, and it's all floor-level work!

We all agreed it was nice to be out and about and seeing the healthy brown cows on such a lovely day.

Georgina and Fred Watts.

Salvation Army Band

The Campbelltown Salvation Army Band will play for all residents of Carrington on Sunday afternoon, 25th April, which is Anzac Day. They can be heard at 2 o'clock upstairs at Paling Court Hostel.

If you enjoy band music (and who doesn't?) this band will be worth listening to once again, especially as it will be here on Anzac Day!

RSL Meeting

Usually an RSL meeting is held in the Recreation Centre at Carrington on the last Wednesday of the month. However, there will be no meeting in April. The next regular RSL meeting will, therefore, be on Wednesday, 26th May, at 3 p.m.

Residents' Meetings

The meeting dates for self-care village residents for the rest of the year are: 28th June, 20th September and 20th December. These dates all fall on a Monday and the meetings are held in the Recreation Centre at 9.30 a.m.

Please mark your diaries and calendars with these important dates. I will inform you if there are any changes.

Carole Cleminson, Village Manager.

Outgoing Mail

Remember that there is an outgoing mail box on the wall outside Mary MacKillop Hostel for you to use and it is cleared every day at 1.30.

The mail is taken to the administration office, then collected by Australia Post. The Australia Post driver takes the mail directly to the Minto mail exchange for sorting and distribution.

News From

Mary MacKillop Hostel

Hi everyone. April is such a great time of year—Easter Show, Easter Eggs and of course the Camden Show was on again in March.

This year three of our residents entered articles to be judge in the A.H. & I Hall and they were in the knitting and machine sewing sections. We will let you all know in the next newsletter how they fared.

March began with barbecues for the first week as our kitchen was undergoing a cosmetic face lift.

Everyone enjoyed the change of menu—chicken kebabs, meat patties, sausages, steak and the extras.

St. Patrick's Day saw a lot of green and of course the odd Irish joke was told. This was one of them: *How do you get a one armed Irishman out of a tree? You wave to him.*

For Seniors Week we had Ma & Pa Fashions, two scenic bus trips, a special luncheon and happy hour for everyone!

Next month:

- Presbyterian Service on 1st at 10.30 a.m.
- Anglican Service on 13th at 11.15 a.m.
- Jean Olsen's Bible Study on 12th and 28th at 10.30 a.m.
- Scenic bus trips on 7th and 21st.
- Bus trip on 30th, including luncheon.
- Ron Ashton concert on 15th at 1.30 p.m.
- Camden Valley Country Music Club on 17th at 1 p.m.
- Country Plus on 24th at 1.30 p.m.
- Residents' family forum on 22nd at 6 p.m.

'Bye.

Rhonda.

**MINI
MARKET**
**Pre-loved Clothing, Jams
White Elephant
Paling Court Downstairs Hall
Friday, 30th April**
1 p.m. till 3 p.m.
Everyone is welcome.

Carrington Garden Club

Joe Galea, Carrington's head gardener, was the speaker at the March meeting of the garden club and he discussed diseases and other plant problems with members.

Plenty of troubles were aired and some people brought specimens to have specks and spots identified with a solution hopefully being forthcoming. Joe was spot on in the majority of cases and members showed their appreciation by sharing their morning tea with him.

It was decided to forego the April meeting because of Easter Monday falling on the first Monday.

However, an outing has been arranged instead and this will be undertaken on Tuesday, the 13th. As stated below, transport should not be a worry as there should be ample room in members' cars to take us just down the road.

GARDEN CLUB

The next meeting (an outing) will be held on

Tuesday, 13th April

Because the first Monday in April is Easter Monday, there will be no formal meeting. However, a garden visit has been arranged for Tuesday, 13th, to "The Black Stump" native garden at 26 Crana Road, Grasmere, which is the third street on the right from Carrington, going towards Cobbity. We will be leaving Carrington about 10 o'clock and there should be enough passenger space in members' cars for everyone. Morning tea will be served when we get there.

Enquiries: Doreen Wilkinson, President, Phone 4655 4847.

TOASTMASTERS

Camden Toastmasters meet on the second and fourth Mondays of the month in the downstairs hall at Paling Court at 7 p.m. for a 7.30 start.

A cordial invitation is extended to anyone interested in improving his or her speaking skills.

Please contact:

Jock Wylie on 4655 6979 or

Ashlea Fisher-Sharpe on 4655 3438.

News From The Carrington Bowlers

Playing numbers have been average during the month, but all appreciated the slightly cooler conditions. Yes, a cool day for bowls does wonders for your outlook and sometimes for your play. Take for example the play just recently, which resulted in an uncallable decision. Three players each succeeded in drawing a bowl to within one eighth of an inch of the jack and it was not possible to determine a winner.

One of our members, Tony Clarke, is no longer able to play bowls due to health problems and we miss him from our ranks.

I was chatting to him the other day and he talked about his six-year stint in the British Army in the second world war. He mentioned a whimsical moment stemming from that experience. It had to do with a violin. In the nine-month lull in France before the German army broke through the Allied lines, Tony and three or four mates had musical instruments and often played at local get-togethers with the French people in the area.

When the sudden withdrawal of troops became urgently necessary it left no time for soldiers to keep fancy items and Tony had no violin.

After the war, to his surprise, he got a note from a French citizen saying he had cared for the violin and indeed for the other instruments left behind by his mates. Ultimately Tony got his violin back. How did they know it was his? Well, one of his mates had his name and address stuck on the inside of the carry case and that person was first contacted some time after the war finished and he then acted as the go between for the other musicians. What a good memory for Tony.

A change in daylight saving occurs early in April and bowls will now be played in the afternoon on and from Thursday, 8th April, starting at 1.30.

Also on 8th April it is intended to clean up the bowls store. There are some bowls on the shelves which have been unused for a long time and owners of these might kindly recover them or authorize the Carrington bowlers per the president, Jack Warwick, or the secretary, Bob Thrower, to use their discretion as to disposal. Or an owner could merely request we keep the bowls for a little longer. *Bob Thrower.*

Calling All Singers

Carrington Singers would love you to join them. The singers hold their practices at 2 p.m. every Friday in the Recreation Centre.

Nothing too serious—it's lots of fun.

Phone Marguerite on 4655 2860 for further details.

Dinner With Old Friends

A group of 40-year-old friends discuss where they should meet for dinner. Finally it is agreed that they should meet at the Gasthof zum Lowen restaurant because the waitresses there have low cut blouses and nice breasts.

Ten years later, at 50 years of age, the group meets again and once again they discuss and discuss where they should meet. Finally it is agreed that they should meet at the Gasthof zum Lowen because the food there is very good and the wine selection is good also.

Ten years later at 60 years of age, the group meets again and once again they discuss and discuss where they should meet.

Finally it is agreed that they should meet at the Gasthof zum Lowen because they can eat there in peace and quiet and the restaurant is smoke free.

Ten years later, at 70 years of age, the group meets again and once again they discuss and discuss where they should meet.

Finally it is agreed that they should meet at the Gasthof zum Lowen because the restaurant is wheel chair accessible and they even have a lift.

Ten years later, at 80 years of age, the group meets again and once again they discuss and discuss where they should meet.

Finally it is agreed that they should meet at the Gasthof zum Lowen. That would be a great idea because they have never been there before.

Good Hearing

An elderly gentleman had serious hearing problems for a number of years. He went to the doctor and the doctor was able to have him fitted for a set of hearing aids that allowed the gentleman to hear 100%. The elderly gentleman went back in a month to the doctor and the doctor said, "Your hearing is perfect. Your family must be really pleased that you can hear again."

The gentleman replied, "Oh, I haven't told my family yet. I just sit around and listen to the conversations. I've changed my will three times!"

Woe is a man's life! He has only three stages in his life: Infantile, Fertile and Imbecile. And the first two stages go by so quickly!

Retardment

At school, one child wrote the following after the holidays: "We always used to spend the holidays with Grandma and Grandpa. They used to live in a lovely big two-storeyed house but they got retarded and they moved to a retirement village near Tauranga.

"Now they live in a box sort of house and have rocks painted green to look like grass. They ride around on their bicycles and wear name tags because they don't know who they are anymore.

"They go to a building called a wreck centre, but they must have got it fixed because it is all okay now. They do exercises there, but they don't do them very well. Sometimes they sneak out to golf but their bits are getting stiff. Also they need operations to fix some of their parts, especially poor old Grandma.

"There is a swimming pool too, but they all jump up and down in it with hats on. At their gate, there is a doll house with a little old man sitting in it. He watches all day so nobody can escape. Sometimes they sneak out, and go cruising in their golf carts.

"Nobody there cooks, they just eat out. And, they eat the same thing every night—early birds. Some of the people can't get out past the man in the doll house. The ones who do get out, bring food back to the wrecked centre for pot luck.

"My Grandma says that Grandpa worked all his life and so did she to earn their retardment and says I should work hard so I can be retarded some day too.

"When I earn my retardment, I want to be the man in the doll house. Then I will let people out, so they can visit their grandchildren."

PALING COURT HAIRDRESSERS

Kim will be on holidays on Wednesday, 31st March, when the salon will be closed. Also, Mechele will be away on Tuesdays, 6th and 13th April, when the hair salon will again be closed. But Kim will be there on the Wednesday and Friday while Mechele is away.

Carrington In Colour **Devoted Husband**

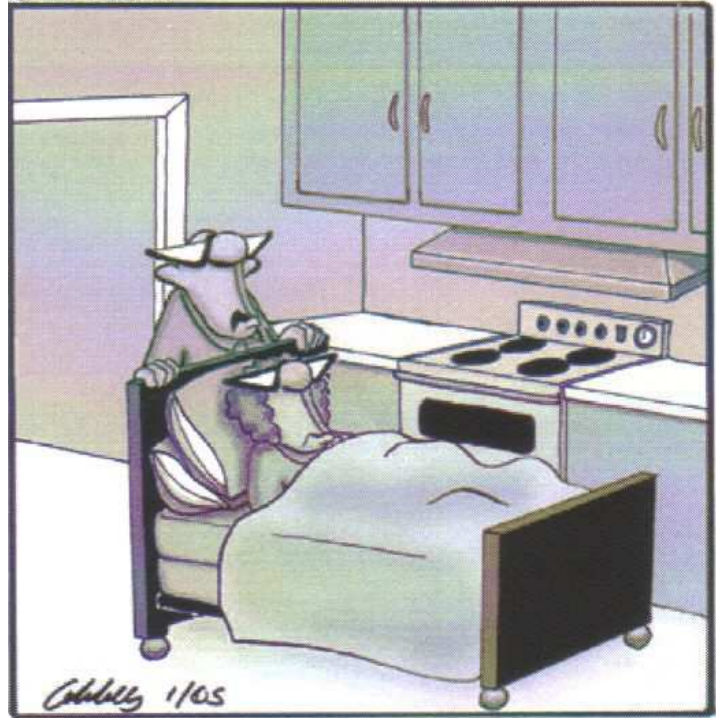


Photo by Margaret Hunter.

As Dave Mulley mentioned in his column the grounds of Carrington are looking good at the moment.



Dale Burrige and Danielle Everett, who will sing for us at Carrington Recreation Centre on Sunday, 18th April. The concert has been arranged by Barbara Handley, see story on Page 2.



"I thought you should have breakfast in bed on your birthday. Can you reach the stove from there?"

Shrewd Young Man

Young Paddy bought a donkey from a farmer for £100. The farmer agreed to deliver the donkey the next day.

The next day he drove up and said, "Sorry son, but I have some bad news. The donkey's died." Paddy replied, 'Well then just give me my money back.' The farmer said, 'Can't do that. I've already spent it.'

Paddy said, 'OK, then, just bring me the dead donkey.' The farmer asked, 'What are you going to do with him?'

Paddy said, 'I'm going to raffle him off.'

The farmer said, 'You can't raffle a dead donkey!'

Paddy said, 'Sure I can. Watch me.. I just won't tell anybody he's dead.'

A month later, the farmer met up with Paddy and asked, 'What happened with that dead donkey?'

Paddy said, 'I raffled him off. I sold 500 tickets at two pounds a piece and made a profit of £898.'

The farmer said, 'Didn't anyone complain?' Paddy said, 'Just the guy who won. So I gave him his two pounds back.'

Paddy now works for the Royal Bank of Scotland!

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VILLAGE ACTIVITIES CALENDAR FOR APRIL

Thursday, 1st

8.40 a.m. Camden/Narellan Bus.
 9.00 a.m. Lawn Bowls.
 10.30 a.m. Non-Denominational Service,
 Grasmere Chapel (Rev. Mark Reilly).
 11.00 a.m. Fair Committee Meeting,
 Downstairs at Paling Court.
 1.00 p.m. Dr. Ban, Mary MacKillop.
 1.00 p.m. Aquarobics, Pool.
 3.00 p.m. Dr. Ban, Paling Court.

Friday, 2nd (Good Friday)

9.15 a.m. Anglican Communion, Paling Ct.

Saturday, 3rd

9.00 a.m. Lawn Bowls.
 9.30 a.m. Croquet.

Sunday, 4th (Easter Sunday)

9.15 a.m. Anglican Communion, Paling.
 9.15 a.m. Anglican Communion, Grasmere.

Monday, 5th (Easter Monday)

Tuesday, 6th

9.30 a.m. Craft, Mary MacKillop Hostel.
 10.00 a.m. Activity Group, Rec. Centre.
 1.30 p.m. Dr. Arnaudon, Paling Court.
 3.00 p.m. Dr. Arnaudon, Mary Mac.

Wednesday, 7th

9.30 a.m. Croquet.
 10.00 a.m. Informal Bowls Practice.
 10.00 a.m. Catholic Service, Mary Mac.
 10.00 a.m. Catholic Service, Paling Court.
 10.30 a.m. Catholic Service, Day Care.
 10.30 a.m. Catholic Service, Grasmere Tce.
 1.00 p.m. Tai Chi, Recreation Centre.
 3.00 p.m. Happy Hour for Self-Care Men,

Thursday, 8th

8.40 a.m. Camden/Narellan Bus.
 10.30 a.m. Non-Denominational Service,
 Grasmere Chapel (Rev. Mark Reilly).
 1.00 p.m. Dr. Ban, Mary MacKillop.
 1.00 p.m. Aquarobics, Pool.
 1.30 p.m. Lawn Bowls.
 3.00 p.m. Dr. Ban, Paling Court.

Friday, 9th

9.00 a.m. Art Group, Paling Court.
 2.00 p.m. Carrington Singers, Rec. Centre.

Saturday, 10th

10.00 a.m. Croquet.
 1.30 p.m. Lawn Bowls.

Sunday, 11th

9.15 a.m. Anglican Communion, Paling
 and Grasmere Terrace Chapel.

Monday, 12th

10.30 a.m. Jean Olsen's Bible Study,
 Mary MacKillop Lounge.
 1.00 p.m. Aquarobics, Pool.
 7.00 p.m. Toastmasters at Paling Court.

Tuesday, 13th

10.00 a.m. Garden Club Outing.
 10.00 a.m. Activity Group, Rec. Centre.
 1.30 p.m. Dr. Arnaudon, Paling Court.
 3.00 p.m. Dr. Arnaudon, Mary MacKillop.

Wednesday, 14th

8.00 a.m. Hunt's Bus to City.
 10.00 a.m. Croquet.
 10.00 a.m. Informal Bowls Practice.
 10.00 a.m. Catholic Service, Mary Mac.
 10.00 a.m. Catholic Service, Paling Court.
 10.30 a.m. Catholic Service, Day Care.
 10.30 a.m. Catholic Service, Grasmere Tce.
 1.00 p.m. Tai Chi, Recreation Centre.

Thursday, 15th

8.40 a.m. Camden/Narellan Bus.
 10.30 a.m. Anglican Service in Day Care.
 10.30 a.m. Non-Denominational Service,
 Grasmere Chapel (Rev. Mark Reilly).
 1.00 p.m. Dr. Ban, Mary MacKillop.
 1.00 p.m. Aquarobics, Pool.
 1.30 p.m. Lawn Bowls.
 3.00 p.m. Dr. Ban, Paling Court.

Friday, 16th

9.00 a.m. Art Group, Paling Court.
 2.00 p.m. Carrington Singers, Rec. Centre.

Saturday, 17th

10.00 a.m. Croquet.
 10.00 a.m. Activities and Games in Hall.
 1.30 p.m. Lawn Bowls.

Sunday, 18th

9.15 a.m. Anglican Communion, Paling
 and Grasmere Terrace Chapel.
 2.00 p.m. Burrige/Everett Concert,
 Recreation Centre.

Monday, 19th

1.00 p.m. Aquarobics, Pool.
 7.00 p.m. Toastmasters at Paling Court.

Tuesday, 20th

10.00 a.m. Activity Group, Rec. Centre.
 1.30 p.m. Dr. Arnaudon, Paling Court.
 3.00 p.m. Dr. Arnaudon, Mary Mac.

Wednesday, 21st

10.00 a.m. Croquet.
 10.00 a.m. Informal Bowls Practice.

Thursday, 22nd

8.40 a.m. Camden/Narellan/C'town Bus.
 10.30 a.m. Baptist Friendship Morning,
 Day Care.
 1.30 p.m. Baptist Friendship Afternoon,
 Grasmere Terrace Hostel.
 1.30 p.m. Lawn Bowls.

Friday, 23rd

9.00 a.m. Art Group, Paling Court.
 10.00 a.m. Anzac Service around the flag
 pole at Carrington House.
 2.00 p.m. Carrington Singers, Rec. Centre.
 3.00 p.m. **Courier Copy Deadline.**

Saturday, 24th

10.00 a.m. Croquet.
 1.30 p.m. Lawn Bowls.

Sunday, 25th (Anzac Day)

5.30 a.m. Dawn Service, Camden
 9.15 a.m. Anglican Communion, Paling
 and Grasmere Terrace Chapel.
 10.00 a.m. Anzac March and Service
 in Camden.
 2.00 p.m. Salvation Army Band, upstairs
 in Paling Court.

Monday, 26th (Anzac Day Holiday)

1.00 p.m. Aquarobics, Pool.
 7.00 p.m. Toastmasters at Paling Court.

Tuesday, 27th

9.30 a.m. Craft, Mary MacKillop Hostel.
 10.00 a.m. Activity Group, Rec. Centre.
 1.30 p.m. Dr. Arnaudon, Paling Court.
 3.00 p.m. Dr. Arnaudon, Mary MacKillop.

Wednesday, 28th

10.00 a.m. Croquet.
 10.00 a.m. Informal Bowls Practice.
 10.30 a.m. Jean Olsen's Bible Study,
 Erica Court, Mary MacKillop.
 10.00 a.m. Catholic Service, Mary Mac.
 10.00 a.m. Catholic Service, Paling Court.
 10.30 a.m. Catholic Service, Day Care.
 10.30 a.m. Catholic Service, Grasmere Tce.
 1.00 p.m. Tai Chi, Recreation Centre.

Thursday, 29th

8.40 a.m. Camden/Narellan Bus.
 10.30 a.m. Baptist Friendship Morning,
 Day Care.
 1.30 p.m. Baptist Friendship Afternoon,
 Grasmere Terrace Hostel.
 1.30 p.m. Lawn Bowls.

Friday, 30th

9.00 a.m. Art Group, Paling Court.
 1.00 p.m. Mini Market, Paling Court.
 2.00 p.m. Carrington Singers, Rec. Centre.

Diary Dates: Please mark your diaries with these future activities:

Saturday, 15th May: Activities, games.
 Monday, 31st May: Devotional Service.
 Saturday, 3rd July: Christmas in July
 Dinner Concert.
 Saturday, 14th August: Carrington Fair.

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