

The Carvington Courier

Volume 17, Issue 3.

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**The copy deadline for
the May issue
of The Courier is
Wednesday,
20th April**

Paling Court Kiosk is 25 Years Old

This year, on 13th March, a milestone was reached at the kiosk in Paling Court Hostel, the date being the 25th anniversary of the kiosk under the control of residents. The kiosk was originally conducted by management, but in 1986 it was decided to close the operation. This was the signal for the residents to band together and take over the shop.

Dora Dykstra and Bess Margrave were the first buyers and as we had to start from scratch we were happy to receive donations from residents of the hostel to pay for stock left by management and buy goods needed to start off. The residents in turn were happy to help, knowing that the kiosk was to remain. This was when I started making tomato relish, etc., for sale to aid the kiosk.

Over the years the kiosk has had different ladies to buy and manage it and their excellent service is appreciated.

Although goods are sold for a small margin, kiosk profits have bought many amenities for the hostel, for example a spar bath, barbecue, furniture, cutlery and a hair drier for the hair salon. The committee also organised charity functions, trivia nights, concerts, teas and dinners for the enjoyment of residents.

(Continued on Page 2.)



This photo, taken in June 1987, shows eight of the original residents who formed a committee to take over and run the kiosk after management closed it.

*Top left: Ida Whiteman, Sheila Handley, Gladys Harvey, Agnes Llewellyn.
Front row: Mary Sharman, Bess Margrave, Lil Latham, Dora Dykstra.*

Paling Court Kiosk Anniversary

(Continued from Page 1.)

Each year a generous bag of goodies is given to all residents of the hostel for Christmas. Recently, after 28 years I have reluctantly retired from kiosk duties, as have Maureen Callaghan and Joan Nicholson, due to health problems.

Volunteer ladies at present are Meg Tredinnick, Winsome Bellamy, Millie Seaman, Gwen Morton, Betty Munro and Heather Crosland. Meg and Winsome are also buyers. Keep up the good work ladies and God bless you all.

Ida Whiteman.

Genealogy Speaker

The Computer Club is fortunate in securing the services of Mr. Allan Murrin, of Joy Murrin Family History Services of Oatley NSW, as its guest speaker for the April general meeting.

Allan's talk will be supported by screen displays and will mainly provide guidance for genealogy search sites and some of the "brick walls" they can produce. If time permits he will touch on his recent visit to the USA for a genealogy conference. It should prove to be a very entertaining and informative presentation on an increasingly popular subject.

He has agreed to stay on for afternoon tea and meet with members. The club extends a cordial invitation to Carrington residents, who might have a bent towards tracing their family background, to attend as our guests.

The meeting will be held in the Recreation Centre hall commencing at 1.30 p.m.

Lango.

Activity Group

The Activity Group annual general meeting was held on Tuesday, 22nd February, with a good turnout of members. As it was too late to report on in the March edition of *The Courier* we were pleased to have a very able committee elected on the day and we wish to convey the elected office bearers' thanks for the trust placed in them by the members.

Don't forget that your membership fee of \$10 is now due and it would be appreciated if it could be paid to Treasurer Rita as soon as possible. Also, May's Easter raffles are up and running and tickets can be purchased now, so don't miss out.

We are still looking for extra players for Canasta, euchre and cribbage. Rummy-O still seems to be the game of choice, along with carpet bowls.

So come along and have some fun at 9.30 each Tuesday morning in the Recreation Centre where it's only \$1 for a bottomless cup of tea or coffee. Where else would you get such a bargain.

Cheers from the Committee.

Barb. Bradshaw, Publicity Officer.

Carrington Fair Survey

During the month of April you will receive the annual Fair survey form asking for assistance at the Fair, which will be staged on Saturday, 13th August. Please consider what you are able to do—assist on the day, make items or donate items as listed on the survey form.

Carrington Lawn Bowlers

Don't forget to roll up each Saturday and Thursday for an enjoyable morning of bowls. Numbers have increased in the last few weeks with 14 turning out recently. New residents have shown interest and are now playing regularly, but we always welcome new people, whether experienced or not.

Games commence at 9 a.m. each day, but you are asked to please arrive 15 minutes before.

Starting sheets are on the notice board in the Recreation Centre. Put your name down so that the starter can form teams for the day's play. Happy bowling.

Barb Bradshaw, Secretary.

GARDEN CLUB

The next meeting will be on

Monday, 4th April

at 10 a.m. in the downstairs hall at Paling Court.

Guest Speaker: To be confirmed.

Morning Tea: Doreen Wilkinson and Laurel Charles.

Competition Table:

- * Flower, one cut, any variety.
- * Flower, three cuts, any variety.
- * Arrangement, own choice.
- * Vegetable, Fruit or Bunch of Herbs, any variety.
- * Pot Plant or Hanging Basket.

A special welcome to all new residents to attend.

Enquiries: Doreen Wilkinson, President, Phone 4655 4847.

Carrington Combined Devotional Morning

Monday, 30th May

10 a.m. till 11 a.m.

Recreation Centre



***The theme is "From the Ascension – Where to?"
and will be a morning of music with a poem,
hymns, prayers, bible readings, and brief talks.***

Come and join us – All welcome.

***Morning tea will be available at the conclusion
if you would like to chat over a "cuppa".***

**Invitations will be delivered during the month
and replies should be received
by Friday, 13th May.**

Enquiries:

***Jean Olsen,
Phone 4655 6978.***



Grasmere Terrace News

March has been a full programme with lots going on in high and low care with the busy months just flying by. We have had bus trips to Wollongong for fish and chips by the sea, a picnic lunch at Mt Annan Botanic Gardens, ten pin bowling at Leumeah and an all-you-can-eat buffet at Campbelltown RSL Club.

High and low care residents had the pleasure of being shouted out to the movies at Narellan Town Centre by Eileen from The Quota Club to watch "The King's Speech". My goodness it was a great movie and it was certainly enjoyed by all especially when eating the choc top ice-cream that was also offered to everyone. A huge thank you to all those people and volunteers who were involved.

We had some external shopping outlets—Ma & Pa's Fashions and Millers—that came into Grasmere to sell clothing and other accessories like jewellery and handbags.

Camden Historical Society Vice-President John Wrigley took us back to the days of Camden's history. All the residents from the local area could recall and reminiscence with their peers on how it was growing up here and residents made a donation to the Camden Historical Society and the Camden Library Museum.

This month we celebrated senior's week with a free concert and lunch down at the Camden Civic Centre, and enjoyed entertainment by Chris Stephens on the piano singing the old favourites and classics.

Copy Deadline for May Issue

The cut off date for the May issue of The Courier is Wednesday, 20th April, and the editor's email address is:

nodrog777@bigpond.com

His mail box is 120 (Stewart) on the wall to the left of the main entrance to Mary MacKillop Hostel for hand-written or typed copy.

Please note that photos should include what they are about and who the people are. Photos without identification are only of interest to the person or group submitting them and not to the wider readership. They should be sent as separate attachments.

Note also that this issue you are reading is for April. It is not March and the next newsletter will be published at the end of April and will be datelined May.

Grasmere Terrace has Easter raffles up and running with lots of yummy Cadbury chocolate baskets to be won. Tickets are \$2 each or three for \$5.

We also have this year an Easter guessing competition. Please see Amanda at reception to guess how many eggs are in the jar. Guesses are \$1 each, so please come up and have a go.

We would like to thank the Fair committee for the generosity, time and efforts of all the staff, volunteers and residents throughout Carrington who are involved with the Fair and make any contributions to providing profits for the organisation.

Grasmere has had the opportunity to purchase valuable items over the past two years which have enhanced the well being of our residents by providing materials and equipment that benefit each individual's leisure and lifestyle needs.

We wouldn't have had such an opportunity to purchase all the great things we have previously if we didn't have the hard work, dedication and commitment of all those involved in the Fair. Thank You.

What's on for April:

Monday 4th: Thirlmere Railway Station, low care.

Tuesday 5th: Campbelltown Catholic Club, high care bus trip.

Monday 11th: Campbelltown City Bowls, high care bus trip.

Saturday 16th: Camden Valley Country Music in low care at 1.30 p.m.

Monday 18th: Barbecue lunch at Burragorang Lookout, low care bus trip.

Wednesday 20th: Ron Ashton Entertainment in high care at 1 p.m.

Thursday 21st: Anzac Day Service, 10.30 a.m. at the flag pole area at the back of Carrington House.

Friday 22nd: Good Friday (public holiday).

Sunday 24th: Easter Sunday.

Monday 25th: Anzac Day (public holiday).

Tuesday 26th: Public holiday.

Saturday 30th: Country Plus Entertainment in low care at 10.15 a.m.

Quote of the month:

"A person who never made a mistake never tried anything new." *Albert Einstein.*

Therese and Vanessa.

Golf Course Chatter

Wow! Who wouldn't want to win a \$50 ticket to play on a *real* golf course with greens and even bunkers?

Well, in case you haven't heard, Raad and Glen have generously offered four such tickets to a fund-raising golf day at Glenmore Heritage Valley Course at Mulgoa on Monday, 11th April, to aid the Macarthur Anglican School.

Carrington has apparently agreed to "sponsor a hole", hence the free tickets. We received the offer just prior to the March competition round when Steve and Peter (again our two best) earned a ticket each with the two lowest scores of the day. So two tickets remain to be won on 4th April, teeing off at 9 a.m.

These tickets will cover your round of 18 holes, a buggy, food and beverages. And you get to see our champions, Steve and Pete, in action on a real course.

Rob Fisher-Sharpe.

Help Wanted

For many years a small group of loving, dedicated people have conducted a monthly friendship hour as a diversion for the mostly wheelchair-bound residents of Rose, Rothbury and Parry Houses. Alas, the passing years and ill health have taken their toll on this small group and an infusion of new blood is desperately needed.

Wanted urgently is someone to provide music for the "Songs of Yesterday" that we sing. We also need singers, storytellers and people who are willing to provide, and help serve, morning tea for approximately 20 residents.

The friendship hour is held on the fourth Thursday of each month from 10.30 a.m. in the Day Care Centre in the administration building. Please phone Ashlea on 4655 3438 if you are willing to help bring a little cheer to those less able-bodied than ourselves.

Daylight Saving Ends

We are all reminded that daylight saving ends on Sunday, 3rd April. It would be a good idea if we put our clocks back one hour before going to bed on the Saturday night.

The cows and chooks will be glad of the change back to normal time unless they have adjusted to daylight saving time.

Podiatry Clinic

The podiatry clinic at the University of Western Sydney is now open and operates on Tuesday and Thursday mornings. They handle general foot care, corns, calluses and diabetic foot care.

For further information and appointments, ring the clinic on 4620 3700.

Men's Happy Hour

Men's Happy Hour is getting bigger and bigger, now up in the 30s in attendance. All must be having a good time as the 5 p.m. finish goes on well past 5. It's great to see all men mixing so well and the "oldies" making the newcomers so welcome. See you all on 6th April.

Please note: We have booked the State of Origin nights and they are Wednesdays in May, June and July, so watch out for future notices.

Margaret and Phil Crocker.

Old Time Gospel Praise

Do you still enjoy singing your favourite old hymns and choruses and listening to gospel music?

Then why not join us: Wollondilly People's Praise? The Sunday afternoon programme will include lots of communal hymn and chorus singing and will feature Campbelltown City Baptist Church Choir and local soloist, John Bicknell.

It's on Sunday, 3rd April, commencing at 2.30 in Picton Uniting Church, corner of Argyle and Lumsdaine Streets, Picton. Come and sing your heart out in praise.

For more details call 0423 640 307.

Thought For The Month

A reminder of the meaning of Easter from some of the verses of an old hymn:

*Man of sorrows, what a name
For the Son of God, Who came
Ruined sinners to reclaim.
Hallelujah! What a Saviour!*

*Bearing shame and scoffing rude,
In my place, condemned He stood,
Sealed my pardon with His blood,
Hallelujah! What a Saviour!*

*Lifted up was He to die,
"It is finished," was His cry.
Now in Heaven, exalted high.
Hallelujah! What a Saviour!*

Hal and Flo Anderson, Unit 167.

CEO's Message

Greetings to all. Last week was Seniors Week and a lot of activities and outings were enjoyed by our residents in the facilities.

Work on the refurbishment of the ground floor of Carrington House has commenced after a long period of waiting for Camden Council's approval.

We are also excited that the work on the construction of the new entry on Werombi Road will commence early in April. We will be advising our Grasmere Units residents directly when the commencement date is firmed up.

I had a very enjoyable and positive meeting with our residents from the Grasmere independent living units seeking their feedback and any issues they wanted to raise.

The residents of Grasmere independent living units have been moving into Carrington progressively over the past twelve months. My thanks go to all the residents who attended the meeting as it was very enjoyable and productive and also for the positive comments passed on to me.

During March we had our first final year medical student placement from Notre Dame University, Katherine Witheridge, who spent a month at Carrington under the supervision of Doctors Jane Gray and Peter Arnaudon.

From 28th March and for a period of one month Carrington will have two final year medical students, Daniel and Nicola, and I am sure everyone will make them welcome.

In late February and March both Mary MacKillop Hostel and Paling Court Hostel underwent an accreditation process where both facilities achieved full compliance with the 44 outcomes of the Accreditation Standards.

Congratulations to the staff and the residents of both facilities on a job well done. This means that both facilities will receive a full three years' accreditation.

Until next time keep smiling.

Raad Richards, Chief Executive.

For Sale

Electric Motorised Reclining, Lifting Chair

**As new, 15 months old, cost \$2700, sell for
\$1700 ono.**

Contact Jean Bruce in Unit 132, phone 4655 6383.

125th Anniversary of Camden Show

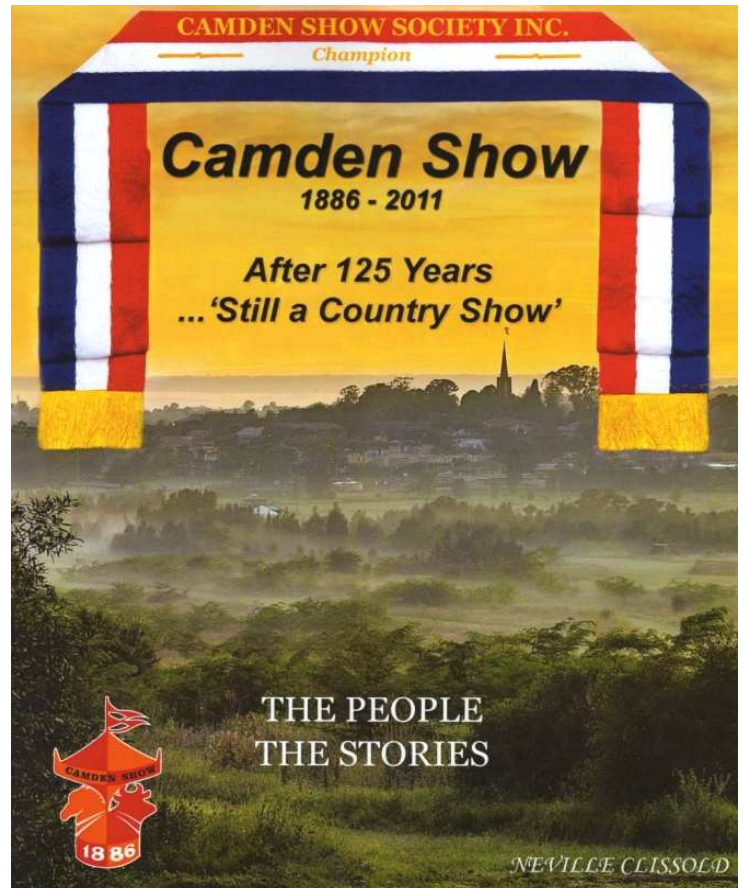
On the 8th and 9th of April the Camden Show Society will be celebrating the 125th anniversary of their first Show, held way back in 1886. There are lots of special events planned for the show. On the Saturday afternoon the Governor-General, Her Excellency Ms Quentin Bryce AC, will open the show.

To mark the occasion the society commissioned a book to be written which would celebrate the history of the show. This book is now available at the show office and will be available at the merchandise stand at the show.

The book examines the early history of the show and then looks at how the show has developed in the intervening time by highlighting changes at 25 year intervals.

There are many personal stories of people who have contributed to the show over the years; people such as Dick Inglis, Vic Boardman and Peter Watson, all of whom have had at least 50 years' association with the show.

Anyone who has visited the show in the last 70 years may identify with many stories in the book. It is a great walk down "Memory Lane".



News From Mary MacKillop Hostel

Hello everyone. Another busy month in Mary MacKillop. During March, we had a visit from Kris and her little fluffy rabbits, beautiful birds and pink and blue chickens! Yes that's right, pink and blue chickens. Residents had a lovely time patting rabbits while birds landed on their shoulders and heads.



Residents in Mary MacKillop are enjoying an ice cream trolley, newly introduced, as part of our activities twice a month. Also, residents went on a bus trip to Camden Civic Centre for Seniors Week.

In March residents in Camellia and Grevillea enjoyed a scenic drive around The Oaks and Picton, stopping on occasions while Ossie, our dedicated volunteer bus driver, told us some interesting history about certain locations and on the way home stopping at MacDonalds for an ice cream cone that was very refreshing after our travels.

The exercise group led by the TAFE personal trainer students commenced in March, residents and trainer enjoying the session. Residents found it beneficial in maintaining their agility and mobility. The TAFE students were socially enriched by interacting with the senior population. Residents are looking forward to the next on-coming weeks of exercises.

Also in Mary MacKillop Ted Thompson in Erica turns 100 on 20th April. If you come into Mary MacKillop be sure to say Happy Birthday.

On 21st April there will be an Anzac service in Carrington grounds.

Also coming up in April:

- 7th April, 10 a.m.: Presbyterian Service.
- 11th and 27th April, 10.30 a.m.: Erica Bible Study.
- 12th April, 11 a.m.: Main Lounge Room, Anglican Service.
- 14th April, 10.30 a.m.: Main Lounge Room, June plays the piano.
- 15th April, 1.30 p.m.: Main Lounge Room, Carrington Singers.
- 21st April, 10.30 a.m.: Anzac Service.

28th April, 1 p.m.: Main Dining Room,
Ron Ashton.

30th April, 1 p.m.: Main Lounge Room, Camden
Valley Country Music Club.

Classic Farce At Picton

You will have received the notices about this classic farce, "See How They Run", being presented in May by the Picton Theatre Group. Some bookings have come in for the bus, and others going in their own cars. These bookings have now been made through Wollondilly Tourism.

However, if you missed out and *really* want to go, ring Anne Bruckard (Robinson) who is directing the show, and she'll see what can be done. Her phone number is 4655 2702.

The bus will be going to the matinee performance at 2 p.m. on Saturday, 14th May, leaving Carrington at 1 o'clock

But if 14th May doesn't suit you, you are welcome to book direct for another performance. For evening performances you could book for a dinner show, or if you would prefer, just the show only, which commences at 8 o'clock. All details are below.

Please don't miss this show—it's absolutely hilarious and we know you'll just love it!

Performance Dates:

Saturday, 7th May: Dinner Show (6.30 p.m., 8 p.m. show), bring your own drinks.

Saturday, 14th May, 2 p.m. matinee (Carrington booking) and also a dinner show.

Saturday, 21st May: Dinner show.

Saturday, 28th May, 2 p.m.: Matinee and also a dinner show.

Tickets:

Dinner shows: Adult, \$45, concession, \$35.

Evening show only: Adult, \$25, concession, \$15.

Matinees: All tickets \$15.

Individual bookings, using your credit card, can be made direct to Wollondilly Tourism on 4677 8313.

TOASTMASTERS

Camden Toastmasters meet on the second and fourth Mondays of the month in the downstairs hall at Paling Court at 7 p.m. for a 7.30 start.

A cordial invitation is extended to anyone interested in improving his or her speaking skills.

Please contact:

Jock Wylie on 4655 6979 or
Ashlea Fisher-Sharpe on 4655 3438.

Do Not Envy a Woman

A man was sick and tired of going to work every day while his wife stayed home. He wanted her to see what he went through so he prayed:

Dear Lord, I go to work every day and put in eight hours while my wife merely stays at home. I want her to know what I go through, so please allow her body to switch with mine for a day. Amen!

God, in his infinite wisdom, granted the man's wish. The next morning, sure enough, the man awoke as a woman.

He arose and cooked breakfast for his mate
 Awakened the kids
 Set out their school clothes
 Fed them breakfast
 Packed their lunches
 Drove them to school
 Came home and picked up the dry cleaning
 Took it to the cleaners
 Stopped at the bank to make a deposit
 Went grocery shopping
 Drove home to put away the groceries
 Paid the bills and balanced the cheque book
 Cleaned the cat's litter box and bathed the dog
 It was already 1 p.m.!

He hurried to make the beds
 Did the laundry
 Vacuumed, dusted and swept
 Mopped the kitchen floor
 Raced to the school to pick up the kids and got into an argument with them on the way home
 Set out milk and biscuits and got the kids organised to do their homework
 Then he set up the ironing board and watched TV while he did the ironing
 At 4.30 he began peeling potatoes and washing vegetables for salad
 Breaded the pork chops and snapped fresh beans for dinner
 After dinner he cleaned the kitchen
 Ran the dishwasher
 Folded the laundry
 Bathed the kids and put them to bed
 At 9 o'clock he was exhausted.
 Although his daily chores weren't finished he went to bed where he was expected to make love, which he managed to get through without complaining

The next morning he awoke and immediately knelt by the bed and prayed:

Lord, I don't know what I was thinking. I was so wrong to envy my wife's being able to stay home all day. Please, oh, please! Let us trade back. Amen!

The Lord, in his infinite wisdom, replied:

My son, I feel you have learned your lesson and I will be happy to change things back to the way they were. You'll just have to wait nine months, though. You got pregnant last night.

HAIR SALONS

We want to introduce our new beautician.

Her name is Nerida and she came to Paling Court and Grasmere in February and we had a good response.

She will be in attendance at Paling Court salon once a month, the next date being Tuesday, 15th March.

Some of the things you can have done are
waxing, facials and massage.

Nerida will be at Grasmere on
 Wednesday, 16th March, again only once a month.

Anyone here at Carrington is welcome and home visits can be arranged for facials and massage.

*Please call Paling Court, Tuesdays, Thursdays or
 Fridays on 4659 0369*

or Grasmere Salon on 4659 0465 for appointments.

If anyone is having trouble catching us at Grasmere, we want you to know that you can leave a note under the door or call Mechelle on 0417 259 309 at any time.

Don't know what to get Mum or Dad on that special occasion? We now have Gift Certificates available, so just enquire at the Salon and we'll tell you about it!

MINI MARKET

Paling Court Downstairs Hall

**Pre-loved and New Clothing,
 White Elephant and Jams.**

Friday, 29th April

12.30 p.m. till 3 p.m.

All proceeds go towards this year's Fair.

Everyone is welcome.

**Help is urgently wanted in the
 Clothing Section on Sale Day.**

Village Manager's Message

Where is the year going? I have been completing many home visits. Please let me know if you have been in hospital recently and you require a visit. Sometimes I am not informed when people come home.

Our Tunstall System: Thank you to everyone who has changed their 1300 Tunstall number to the 1800 Tunstall number with the Tunstall technician over the phone. There are approximately 20 residents who have not completed this process and I have sent a letter to those concerned. Please press your Tunstall pendant as explained in the letter and have the process completed as soon as possible.

Key locked in unit, car or lost: The procedure for Grasmere residents is to contact the after-hours maintenance mobile number, which is 0412 321 655. All other residents, in Paling, Mary MacKillop or North-side self-care units, should request the spare key to their unit, which is kept in a cupboard at each hostel.

Locked Boxes: Some village residents have a spare key in a locked box that is near their front door. They are given a code to get into the box. This is beneficial for emergency services and family particularly if a key does go missing or is locked inside.

The contractor who helps our village in regards to this service is BCD at Narellan. You can reach them on 4625 3864 and ask for Trent. This service is at the resident's cost. Please inform me if you go ahead with this procedure as I need to give Tunstall the code for emergency purposes. This code is treated as confidential and would only be used when necessary.

Contacting Carole: If Carole's phone is busy or if you cannot contact her to inform her that you are going away, leave a message on her land line (4659 0305). You can also ring Tunstall and this alerts me by a report from Tunstall that you are away and it also does your test. Please inform Tunstall when you return. Some residents just drop me a note.

Mail Delivery: The mail delivery to Carrington administration office is now half an hour later. This has affected the delivery time for Mary MacKillop, north side and Grasmere residents. We are sorry for any inconvenience.

Safety: As we reach the cooler months please be careful with what heater you use. We encourage no bar heaters on the floor, as in the past we have had singed carpet due to them accidentally falling over or residents leaving them on overnight.

We have had some slips and falls lately in the village units and outside. Please be careful and use your walking aids and please wear your Tunstall alert pen-

dant, particularly if you are unwell. Be careful of mats which have caused previous falls, in which case we advise not to use such mats again. Please be careful if you have an extension cord for a free-standing heater as some residents have caught their foot on the cord and fallen.

Leave in April: I will be away from 11th April to 14th April at a conference that relates to my church. Any enquiries should be directed to Glenn Thorpe on 4659 0308.

Maintenance Requests: Maintenance requests need to be directed to Pat Hunter on 4659 0361, or to Naomi Delaney on 4659 0387.

Concerns or problems to do with anything in the village should be directed to Carole on 4659 0305.

Fair Information: We will be sending out Fair raffle ticket books early in May. Preparations for the Fair are proceeding well. Jean Olsen will be sending out volunteer requests for helping on the day of the Fair. I would just like to clarify that you do not have to become a volunteer on our books for one day's helping. We would like to invite residents who have moved in after last year's Fair to help if your time permits. It is a wonderful family and fun day and all proceeds go to our wonderful village community.

I would like to thank the hard-working committee, staff and volunteers who are already preparing for the big annual event.

More information will start to flow from May to the Fair day, which is Saturday, 13th August.

Telephone Directory: There are a few mistakes in the directory and I would like to personally apologise to those concerned. A new directory will be updated before the next residents' meeting.

Phone Hang Ups: I still have hang ups on my phone and this is frustrating because I cannot return the call. Please leave your name and phone number and I will return your call the same day or the next day at the latest.

Appointments to see me: There have been a few days where residents come to see me and I am with someone else. To help my schedule, please make an appointment. I am very happy to come to your home instead of you coming to my office.

I will clarify that at no time are emergencies neglected as they take first priority.

A very blessed and Happy Easter to you and yours from Carrington management and staff. Please remember that there are some public holidays which will affect our staff, mail deliveries and the Carrington bus will not be operating on these public holidays. Please use the security or maintenance and Tunstall emergency numbers that are in your village telephone directory.

Till next time blessings. *Carole Cleminson, Village Manager.*

Self-Care Social Club

A small but appreciative audience enjoyed the film on Saturday, 19th March. We will be showing others later in the year, probably at quite short notice, so watch out for the flyer in your mailbox.

We have been working on our social programme for the next few months and here are some dates for you to book in your diaries.

APRIL 28: Prime Style Fashions: This will be Rod and Lisa's first showing of their own fashion choice. Their last showing was of Bailey's Fashions. We are looking forward to supporting them. I need volunteer models, so please come forward, it's fun and interesting, and much better than choosing clothes from the rack, which is the only alternative if there are no models.

MAY 7: Breakfast with the Social Club.

JUNE 11: Entertainment with Des Sampson (remember Des from Australia Day?)

AUGUST 27: The Sound of Music. A new look at a Golden Oldie.

SEPTEMBER 8: Prime Style Fashions.

At some time later in the year, the hall will be closed for renovations. Hopefully we will be able to hold our Melbourne Cup luncheon in November.

In the meantime, stay well and happy.

Irene, 4655 1119.

Anzac Day Service

As Usual, an Anzac Day service will be conducted at Carrington on Thursday, 21st April, by the RSL Sub-Branch. Timed to commence at 10.30, it will take place around the flag pole in front of Carrington House.

Macarthur Singers

celebrate

Handel

Featuring music from Messiah and The Coronation Anthems

2.30 p.m., Sunday, 17th April

Mater Dei Chapel, Macquarie Grove Road, Camden

Pre-book and save: \$15 for adults, \$40 for a Family

Or at the door: \$20 Adults, \$45 Family

Purchase tickets from:

Camden Art Centre

Shop 21, Camden Village Court

Ph: 4655 6554

Looking Class Fashions

71 Argyle Street, Camden

Ph: 4655 9827

Or through: www.moshitix.com.au

For more info: www.macarthursingers.org

or contact Margaret on 4658 0027.

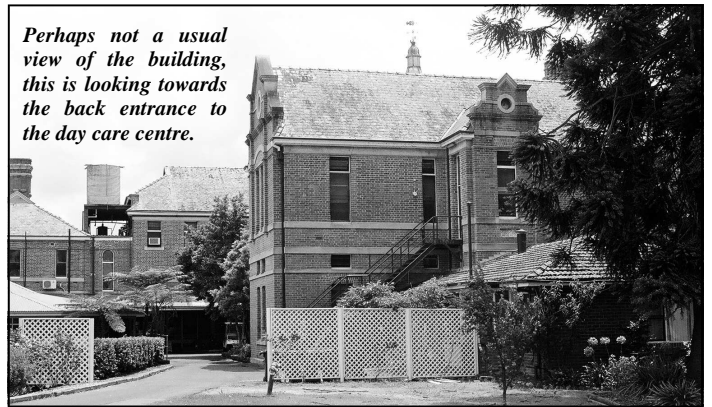
Ground Floor Soon To Change

The ground floor refurbishment of Carrington House will soon be under way. Demolition of certain parts of the building will pave the way for a new role for this old building.

Before too much work in this direction took place, Andrew Stewart, son of the editor of *The Courier*, recently took a series of photographs for management and we have a look at three of them here.

The black and white treatment is in keeping with the age of the building and the era. The building is well preserved and is an icon in the Camden area. We look forward to completion of the work.

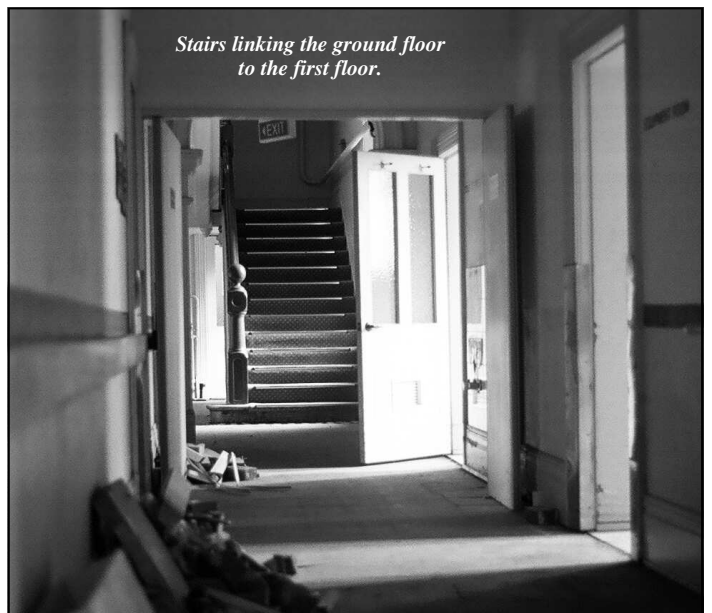
Perhaps not a usual view of the building, this is looking towards the back entrance to the day care centre.



One of the wards in the ground floor of the nursing home.



Stairs linking the ground floor to the first floor.



VILLAGE ACTIVITIES CALENDAR FOR APRIL

Friday, 1st

9.00 a.m. Art Group, Paling Court.
2.00 p.m. Carrington Singers, Rec. Centre.

Saturday, 2nd

9.30 a.m. Croquet.
10.00 a.m. Lawn Bowls.
10.30 a.m. Salvation Army,
Grasmere High Care.

Sunday, 3rd

9.15 a.m. Anglican Communion, Paling.
9.15 a.m. Anglican Communion,
Grasmere Terrace Chapel.

Monday, 4th

9.00 a.m. Golf, all welcome, buggy available.
10.00 a.m. Garden Club, Paling Court.
12 midday Aquarobics, Pool.
1.30 p.m. Computer Club, Rec. Centre.

Tuesday, 5th

8.30 a.m. Camden/Narellan Bus.
9.30 a.m. Craft, Mary MacKillop Hostel.
10.00 a.m. Activity Group, Rec. Centre.
1.30 p.m. Dr. Arnaudon, Paling Court.
3.00 p.m. Dr. Arnaudon, Mary MacKillop.

Wednesday, 6th

9.30 a.m. Croquet.
10.00 a.m. Informal Bowls Practice.
10.15 a.m. Catholic Service, Grasmere Tce.
1.00 p.m. Gentle Exercises, Rec. Centre.
2.00 p.m. Aquarobics, Pool.

Thursday, 7th

8.30 a.m. Camden/Narellan Bus.
10.00 a.m. Lawn Bowls.
11.00 a.m. Fair Committee Meeting,
Board Room.
1.00 p.m. Dr. Ban, Mary MacKillop.
3.00 p.m. Dr. Ban, Paling Court.

Friday, 8th (Camden Show)

9.00 a.m. Art Group, Paling Court.
2.00 p.m. Carrington Singers, Rec. Centre.

Saturday, 9th (Camden Show)

9.30 a.m. Croquet.
10.00 a.m. Lawn Bowls.
10.30 a.m. Salvation Army,
Grasmere High Care.

Sunday, 10th

9.15 a.m. Anglican Communion, Paling.
9.15 a.m. Anglican Communion,
Grasmere Terrace Chapel.

Monday, 11th

10.30 a.m. Jean Olsen's Bible Study,
Erica. Court.
12 midday: Aquarobics, Pool.
7.00 p.m. Toastmasters at Paling Court.

Tuesday, 12th

8.30 a.m. Camden/Narellan Bus.
9.30 a.m. Craft, Mary MacKillop Hostel.
10.00 a.m. Activity Group, Rec. Centre.
1.30 p.m. Dr. Arnaudon, Paling Court.
3.00 p.m. Dr. Arnaudon, Mary Mac.

Wednesday, 13th

9.30 a.m. Croquet.
10.00 a.m. Informal Bowls Practice.
10.15 a.m. Catholic Service, Grasmere Tce.
1.00 p.m. Gentle Exercises, Rec. Centre.
2.00 p.m. Aquarobics, Pool.

Thursday, 14th

8.30 a.m. Camden/Narellan Bus.
10.00 a.m. Lawn Bowls.
10.30 a.m. Anglican Service in Day Care.
10.30 a.m. Non-Denominational Service,
Grasmere Chapel.
11.00 a.m. Fair Committee Meeting,
Training Room, Administration.
1.00 p.m. Dr. Ban, Mary MacKillop.
3.00 p.m. Dr. Ban, Paling Court.

Friday, 15th

9.00 a.m. Art Group, Paling Court.
12.30 p.m. Mini Market,
Downstairs, Paling Court.
2.00 p.m. Carrington Singers, Rec. Centre.

Saturday, 16th

9.30 a.m. Croquet.
10.00 a.m. Lawn Bowls.
10.30 a.m. Salvation Army,
Grasmere High Care.

Sunday, 17th

9.15 a.m. Anglican Communion, Paling.
9.15 a.m. Anglican Communion,
Grasmere Terrace Chapel.

Monday, 18th

12 midday Aquarobics, Pool.

Tuesday, 19th

8.30 a.m. Camden/Narellan Bus.
9.30 a.m. Craft, Mary MacKillop Hostel.
10.00 a.m. Activity Group, Rec. Centre.
1.30 p.m. Dr. Arnaudon, Paling Court.
3.00 p.m. Dr. Arnaudon, Mary MacKillop.

Wednesday, 20th

9.30 a.m. Croquet.
10.00 a.m. Informal Bowls Practice.
10.00 a.m. Catholic Service, Mary Mac.
10.00 a.m. Catholic Service, Paling Court.
10.15 a.m. Catholic Service, Grasmere Tce.
10.30 a.m. Catholic Service, Day Care.
1.00 p.m. Gentle Exercises, Rec. Centre.
2.00 p.m. Aquarobics, Pool.
3.00 p.m. **Courier Copy Deadline.**

Thursday, 21st

8.30 a.m. Camden/Narellan Bus.
10.00 a.m. Lawn Bowls.
10.15 a.m. Non-Denominational Service,
Grasmere Chapel.
10.30 a.m. Baptist Friendship Morning,
Day Care.
10.30 a.m. Anzac Service, Flag Pole area.
1.30 p.m. Baptist Friendship Afternoon,
Grasmere Terrace Hostel.
1.00 p.m. Dr. Ban, Mary MacKillop.
3.00 p.m. Dr. Ban, Paling Court.

Friday, 22nd (Good Friday)

Saturday, 23rd

9.30 a.m. Croquet.
10.00 a.m. Lawn Bowls.
10.30 a.m. Salvation Army,
Grasmere High Care.

Sunday, 24th (Easter Day)

9.15 a.m. Anglican Communion, Paling.
9.15 a.m. Anglican Communion,
Grasmere Terrace Chapel.

Monday, 25th (Anzac Day)

Tuesday, 26th (Public Holiday)

Wednesday, 27th

9.30 a.m. Croquet.
10.00 a.m. Informal Bowls Practice.
10.15 a.m. Catholic Service, Grasmere Tce.
10.30 a.m. Bible Study in Erica Court
(in lieu of Monday Anzac Day holiday).
1.00 p.m. Gentle Exercises, Rec. Centre.
2.00 p.m. Aquarobics, Pool.
3.00 p.m. RSL Meeting, Rec. Centre.

Thursday, 28th

8.30 a.m. Camden/Narellan Bus.
10.00 a.m. Lawn Bowls.
1.00 p.m. Dr. Ban, Mary MacKillop.
3.00 p.m. Dr. Ban, Paling Court.

Friday, 29th

9.00 a.m. Art Group, Paling Court.
2.00 p.m. Carrington Singers, Rec. Centre.

Saturday, 30th

9.30 a.m. Croquet.
10.00 a.m. Lawn Bowls.
10.30 a.m. Salvation Army,
Grasmere High Care.

Diary Dates: Please mark your diaries with these future activities:

Monday, 30th May: Devotional Morning.
Saturday, 13th August: Carrington Fair.

Three Nuns

Three nuns were attending an AFL final. Sitting directly behind them were three men. Because the nuns' habits were partially blocking their view, the men decided to badger the nuns, hoping that they'd get annoyed enough to move to another area.

In a very loud voice the first guy said, "I think I'm going to move to Brisbane. There are only 100 nuns living there."

Then the second guy spoke up and said, "I want to go to Tasmania. There are only 50 nuns living there."

And the third guy called out, "I want to go to New Zealand. There are only 25 nuns living there."

One of the nuns turned around, looked at the men and in a very sweet and calm voice said, "Why don't you go to hell. There aren't any nuns there!"

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